

## MANCHESTER HARRIERS & ATHLETIC CLUB

### The Wilf Richards Memorial Primary Schools Cross Country League

*The League has been in existence for over 40 years and is named after former member, Wilf Richards, who did so much for young athletes over many years.*

#### Information Sheet

- VENUE:** Cheadle & Marple Sixth Form College, Cheadle Road, Cheadle Hulme, Cheshire, SK8 5HA
- DATES:** There are six fixtures, held monthly, starting in September (excluding December).
- AGES:** Girls - Years 3/4; Boys – Years 3/4; Girls - Years 5/6 & Boys - Years 5/6.
- DISTANCES:** Approx. 1350 metres – Years 3/4 & Approx. 1950 metres – Years 5/6.
- START TIME:** First event 10 am and then at 15 minute intervals.
- SCORING:** Three to score, any number to run. Every team is scored - A, B, C, etc.
- AWARDS:** Certificates for the first 20 in each race are presented at the following meeting.  
End of Season Trophies, based on the best four races, are awarded to:  
A Teams - First, Second, Third; B Teams – First, Second; C Teams – First.  
Individual Awards to the first 10 athletes, based on best four of six races.  
The Mayor of Stockport is invited to Present the Awards at the March meeting.
- RESULTS:** Sheets giving the first 20 individuals with times and team positions are available for each Meeting. Full results are issued at the end of the season.
- COST:** NO CHARGE. However, each year we make a collection for charity at the November meeting.  
When possible, we designate a local children's charity to benefit – usually about £500.
- REFRESHMENTS:** Are available at moderate prices.
- RELAYS:** We also hold a Relay Meeting at the end of the season. This takes place mid-week at 4 pm.  
There are two races of 4 Legs, one for Girls and one for Boys.  
Years 3/4 run Legs 1 & 2. Years 5/6 run Legs 3 & 4. Team and Individual Awards are provided.

**FOR FURTHER INFORMATION, PLEASE CONTACT IAN BURNETT**

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