

PLATT FIELDS 10K ROAD RACE

Promoted by Manchester Harriers & Athletic Club



MANCHESTER
CITY COUNCIL



ACCURATELY MEASURED UNDER UKA LAWS [Race Licence applied for]
on Traffic Free Paths inside Platt Fields Park, Mabfield Rd, Fallowfield, Manchester M14 6LP

SUNDAY 29TH JUNE 2014

10K – 11:30 am (minimum age 17 – age as of 31-08-13)

3K - U17/U15/U13 (ages on 31-08-13 – minimum age 11) – **11 am**

Results will be posted on www.bbresults.com in the evening

START & FINISH near to Grangethorpe Road, off the A6010 WILMSLOW ROAD,
FALLOWFIELD, MANCHESTER. Numbers & Toilets at the LAKESIDE CENTRE,
PLATT FIELDS PARK. No changing facilities available at the Park

PRIZES – 10K

Men & Women First, Second & Third

U20 Men & Veteran Men 40, 45, 50, 55, 60, 65 - First

U20 Women & Veteran Women 35, 40, 45, 50, 60 - First

Senior & Veteran Teams – Male & Female – 3 to count - First

Vets - age as of 29/6/14, U20s - age as on 31/08/13;

no athlete to win more than one individual prize.

PRIZES – 3K

3K: U17 Male & Female – First, Second & Third.

U15 & U13 Boys & Girls - Medals First, Second & Third.

3K - U17, U15, U13 - age as on 31/08/13 – minimum age 11.

10K FEE = £7* Unattached £9; 3K FEE = £3

**fee for members of Clubs affiliated to England Athletics*

Closing date for pre-entries 23 June 2014 - all late entries & entries on the day £2 extra

Cheques payable to “Manchester Harriers & A.C.” Entries to:

Brenda Bradshaw, 12 Heaton Drive, Hollins Village, Bury BL9 8BQ (0161-796 6310)

Race entered: PLATT FIELDS 10K 3K **IMPORTANT: ALL SECTIONS TO BE COMPLETED.**

Name Male/Female

Address

Post Code

Date of Birth; 10K please tick: SNR..... VET+CATEGORY U20.....;

3K Category Entered: U17..... U15..... U13..... **NB: competitors must be aged at least 11 on race day.**

UKA CLUB Club members must give their England Athletics Registration No

Declaration: I am an amateur as defined by UK Athletics rules. I am medically fit to take part. I agree that the organisers and/or sponsors shall not be liable for any loss, accident or injury (or loss/damage to property) arising from my participation in this event.

Signed Date 2014

Please enclose 9"x 6" S.A.E. for acknowledgement and number or collect number on the day (*larger envelopes need a LARGE LETTER stamp!*). For venue details email Brenda Bradshaw: arnoldbradshaw@btinternet.com.