## MANCHESTER HARRIERS & A.C. FIXTURES - 2014/2015

The listing below is given as a guide to what's on – it is a **provisional list** and you should **check dates** & **venues**. If an entry is in **bold** it's an event the Club is committed to competing in or organising or helping with. For more details please contact one of the following: **Debbie Beresford** 0161-485 3319, **David Gregory** 0161-439 4884, **Brenda Bradshaw** 0161-796 6310, **Ed Fazakerley** 0161-431 0059, **George Lawson** 0161-485 2261, **Carl Summers** 0161-718 6557 or **Kes Salmon** 07948 187364.

,	1 Summers 0161-718 6557 or <b>Kes Salmon</b> 07948 187364.	
JULY 2014		
THU 3	MANCHESTER SALE 5K SIZZLER – FIRST OF FOUR – 7:30 pm Wythenshawe Park	
SUN 6	CHESHIRE TRACK & FIELD LEAGUE – ROUND THREE – WARRINGTON – contact Debbie Beresford, Ed Fazakerley or Carl Summers for details – for members aged 9 upwards	
SUN 6	RACE CANCELLED - DEBDALE PARK 7K - RACE CANCELLED	
TUES 8	TRAFFORD GRAND PRIX MEETING – SPRINTS/HURDLES/JUMPS ONLY – 6:30 PM – Longford Park	
THU 10	WIZARD 5	
SUN 13	NORTH OF ENGLAND TRACK & FIELD LEAGUE – DIV 3W – MATCH THREE – BLACKPOOL - contact Debbie Beresford, Ed Fazakerley or Kes Salmon for details – for members aged 15 upwards. [Hosts – Blackpool]	
WED 16 OUR EVENT HELP NEEDED	THE MANCHESTER MILE – SPORTCITY – THIS IS OUR PROMOTION AND WE WILL NEED LOTS OF SUPPORT AND HELP. If you are not able to compete but are available to help, please contact George Lawson, Debbie Beresford or Brenda Bradshaw – experience not needed.	
THU 17	MANCHESTER SALE 5K SIZZLER – SECOND OF FOUR – 7:30 pm Wythenshawe Park	
SAT 19	YOUTH DEVELOPMENT TRACK & FIELD LEAGUE – DIV NW4 - U13s & U15s – MATCH FOUR – OLDHAM – if you are interested in taking part, please contact Team Managers Ed Fazakerley, Clare Welch or Carl Summers. [Host Club – Oldham & Royton Harriers]	
TUES 22	TRAFFORD GRAND PRIX MEETING – DISTANCE/THROWS ONLY – 6:30 PM – including Northern U20 3K – Longford Park	
TUES 29	TRAFFORD GRAND PRIX MEETING – SPRINTS/HURDLES/JUMPS ONLY – 6:30 PM – Longford Park	
THU 31	MANCHESTER SALE 5K SIZZLER – THIRD OF FOUR – 7:30 pm Wythenshawe Park	
AUGUST	AUGUST 2014	
MON 4 – FRI 8	WEEK ONE OF SUMMER HOLIDAY STARTRACK ATHLETICS – WYTHENSHAWE PARK ATHLETIC TRACK, WYTHENSHAWE ROAD, M23 0AB – 10 AM TO 3 PM. For 7 to 15 year olds, covering a range of athletic events – running, jumping, throwing, games, competitions, £40 for <u>all</u> 5 days. Contact Debbie Beresford on 07977 203478.	
SAT 9	NORTH OF ENGLAND TRACK & FIELD LEAGUE – DIV 3W – MATCH FOUR – HYNDBURN - contact Debbie Beresford, Ed Fazakerley or Kes Salmon for details – for members aged 15 upwards. [Hosts – Hyndburn]	
	MANCHESTER H & AC – Fixtures continued	

MON 11 - FRI 15	WEEK TWO OF SUMMER HOLIDAY STARTRACK ATHLETICS – WYTHENSHAWE PARK ATHLETIC TRACK, WYTHENSHAWE ROAD M23 0AB 10 AM TO 3 BM For 7 to 15 year olds covering a renge of athletic
	M23 0AB – 10 AM TO 3 PM. For 7 to 15 year olds, covering a range of athletic events – running, jumping, throwing, games, competitions, £40 for <u>all</u> 5 days. Contact Debbie Beresford on 07977 203478.
TUES 12	TRAFFORD GRAND PRIX MEETING – DISTANCE/THROWS ONLY – 6:30 PM – Longford Park
THU 14	MANCHESTER SALE 5K SIZZLER – FINAL IN SERIES OF FOUR – 7:3 pm Wythenshawe Park – incorporating the Northern 5K Road Championships.
TUES 19	TRAFFORD GRAND PRIX MEETING – SPRINTS/HURDLES/JUMPS ONLY – 6:30 PM – Longford Park
MON 25	TRAFFORD AC MEDAL MEETING – 6:30 PM – Longford Park
TUES 26	TRAFFORD GRAND PRIX MEETING – DISTANCE/THROWS ONLY – 6:30 PM – Longford Park
SEPTEM	BER 2014
TUES 2	TRAFFORD GRAND PRIX MEETING – SPRINTS/HURDLES/JUMPS ONLY – 6:30 PM – Longford Park
SUN 7	CHESHIRE TRACK & FIELD LEAGUE – ROUND FOUR – WOODBANK PARK, STOCKPORT – contact Debbie Beresford, Ed Fazakerley or Carl Summers for details – for members aged 9 upwards
FRI 26 OR	JUNIOR DISCO & PRESENTATION OF THE JUNIOR 2014 TRACK & FIELD AND THE 2013/2014 CROSS COUNTRY AWARDS – full details will be available
SAT 27	soon. ALL MEMBERS WELCOME. Booking slips will be posted on the website.
SAT 27	<b>PRIMARY SCHOOLS CROSS COUNTRY LEAGUE – EVENT ONE - 10AM</b> – Cheadle & Marple Sixth Form College, Cheadle Campus, Cheadle Road Cheadle Hulme SK8 5HA – <i>help needed - please contact David Gregory – 0161-439 4884</i> .
ОСТОВЕ	R 2014
SAT 4	NORTH WEST ROAD RELAY CHAMPIONSHIPS – WOODBANK PARK, STOCKPORT
SAT 11	PRIMARY SCHOOLS CROSS COUNTRY LEAGUE – EVENT TWO - 10AM – Cheadle & Marple Sixth Form College, Cheadle Campus, Cheadle Road Cheadle Hulme SK8 5HA – help needed - please contact David Gregory – 0161-439 4884.
SAT 11	MANCHESTER AREA CROSS COUNTRY LEAGUE – MATCH ONE – Woodbank Park, Stockport – first race 12:15 pm. Contact Debbie Beresford o Ed Fazakerley if you want to be entered.
<b>NOVEMB</b>	ER 2014
SAT 8	MANCHESTER AREA CROSS COUNTRY LEAGUE – MATCH TWO – Sherdley Park, St Helens – first race 12 noon. Open to all members aged 11 upwards – contact Debbie Beresford or Ed Fazakerley if you want to be entered
SAT 22	PRIMARY SCHOOLS CROSS COUNTRY LEAGUE – EVENT THREE - 10AM – Cheadle & Marple Sixth Form College, Cheadle Campus, Cheadle Road Cheadle Hulme SK8 5HA – help needed - please contact David Gregory – 0161- 439 4884.
	MANCHESTER H & AC – Fixtures continued

MANCHESTER H & AC – Fixtures continued  DECEMBER 2014		
JANUAR	Y 2015	
SAT 10	MANCHESTER AREA CROSS COUNTRY LEAGUE – MATCH FOUR –	
<b>OUR</b>	Heaton Park, Manchester - first race 12 noon. We're the host club so lots of	
EVENT	help needed. Open to all members aged 11 upwards – contact Debbie Beresford or Ed Fazakerley if you want to be entered. Contact George Lawson if you can help with marshal duties or if you would like to help set the course.	
<b>SAT 31</b>	PRIMARY SCHOOLS CROSS COUNTRY LEAGUE – EVENT FOUR -	
	10AM – Cheadle & Marple Sixth Form College, Cheadle Campus, Cheadle Road,	
	Cheadle Hulme SK8 5HA – <i>help needed</i> - <i>please contact David Gregory</i> – 0161-	
	439 4884.	
FEBRUA	RY 2015	
SAT 7	MANCHESTER AREA CROSS COUNTRY LEAGUE – MATCH FIVE –	
	Wythenshawe Park, Manchester - first race 12 noon. Open to all members	
	aged 11 upwards - contact Debbie Beresford or Ed Fazakerley if you want to be	
	entered.	
<b>SAT 28</b>	PRIMARY SCHOOLS CROSS COUNTRY LEAGUE-EVENT FIVE-10AM	
	Cheadle & Marple Sixth Form College, Cheadle Campus, Cheadle Road, Cheadle	
	Hulme SK8 5HA – <i>help needed</i> - <i>please contact David Gregory</i> –0161-439 4884.	
MARCH	2015	
<b>SAT 21</b>	PRIMARY SCHOOLS CROSS COUNTRY LEAGUE - EVENT SIX -	
	10AM – Cheadle & Marple Sixth Form College, Cheadle Campus, Cheadle Road,	
	Cheadle Hulme SK8 5HA – <i>help needed</i> - please contact David Gregory – 0161-439 4884	
	Remember we have a NEW website	
	<ul> <li>same address</li> </ul>	

- same address
- PLEASE VISIT!

If you have any ideas for improvements or you have something you want included, corrected or changed, we would love to hear from you!

website address www.manchesterharriers.co.uk PLEASE CONTACT A COMMITTEE MEMBER IF YOU CAN HELP WITH ANY OF THE EVENTS WE HOST OR ANY OF THE LEAGUES WE SUPPORT. FOR INSTANCE WE NEED LOTS OF HELP AT......

THE MANCHESTER MILE - 16<sup>TH</sup> JULY
PRIMARY SCHOOLS CROSS COUNTRY – 27<sup>TH</sup> SEPT, 11<sup>TH</sup> OCT,
22<sup>ND</sup> NOV, 31<sup>ST</sup> JAN, 28 FEB, 21<sup>ST</sup> MARCH
MANCHESTER AREA CROSS COUNTRY LEAGUE – 10<sup>TH</sup> JANUARY

## TWENTY-FIVE CLUB

PLEASE support the Club - it's only £1 a month (£4 per draw) and you get the chance to win £25, £15 or £10 at each draw.

There are three draws a year – March, July & November PLEASE JOIN NOW AND HELP THE CLUB. THE MORE MEMBERS JOIN, THE MORE MONEY TO THE CLUB AND TO THE WINNERS. up to 25 members the draw is for £25, £15 & £10; but for every 10 tickets sold above 25, an additional £20 goes to the Club and to the winning members. Contact Brenda - email c/o <a href="mailto:arnoldbradshaw@btinternet.com">arnoldbradshaw@btinternet.com</a>.

DRAW 23 WILL BE HELD IN NOVEMBER
SO YOU REALLY DO HAVE LOTS OF TIME TO JOIN!
WINNERS OF DRAW 22
FIRST - STAN BENNION
SECOND - IAN BURNETT
THIRD - ARNOLD BRADSHAW

## MOST IMPORTANT

## ALWAYS CHECK DATES & VENUE DETAILS AS CHANGES DO HAPPEN!

Please contact Brenda at <u>arnoldbradshaw@btinternet.com</u> with additions or corrections or telephone Brenda on 0161-796 6310