

## MANCHESTER HARRIERS & A.C. FIXTURES – 2014/2015

The listing below is given as a guide to what's on – it is a **provisional list** and you should **check dates & venues**. If an entry is in **bold** it's an event the Club is committed to competing in or organising or helping with. For more details please contact one of the following: **Debbie Beresford** 0161-485 3319, **David Gregory** 0161-439 4884, **Brenda Bradshaw** 0161-796 6310, **Ed Fazakerley** 0161-431 0059, **George Lawson** 0161-485 2261, **Carl Summers** 0161-718 6557 or **Kes Salmon** 07948 187364.

<b>AUGUST 2014</b>	
<b>MON 4 – FRI 8</b>	<b>WEEK ONE OF SUMMER HOLIDAY STARTRACK ATHLETICS – WYTHENSHAW PARK ATHLETIC TRACK, WYTHENSHAW ROAD, M23 0AB – 10 AM TO 3 PM.</b> For 7 to 15 year olds, covering a range of athletic events – running, jumping, throwing, games, competitions, £40 for <b>all</b> 5 days. <b>Contact Debbie Beresford on 07977 203478.</b>
<b>WED 6</b>	<b>HILL/FELL TRAINING SESSION – LYME PARK – 6:30 pm</b> – <i>If you're interested in this training session contact Debbie Beresford for more information. Planned Wednesday sessions throughout August depending on interest.</i>
<b>SAT 9</b>	<b>NORTH OF ENGLAND TRACK &amp; FIELD LEAGUE – DIV 3W – MATCH FOUR – HYNDBURN</b> - contact Debbie Beresford, Ed Fazakerley or Kes Salmon for details – for members aged 15 upwards. [Hosts – Hyndburn]
<b>MON 11 – FRI 15</b>	<b>WEEK TWO OF SUMMER HOLIDAY STARTRACK ATHLETICS – WYTHENSHAW PARK ATHLETIC TRACK, WYTHENSHAW ROAD, M23 0AB – 10 AM TO 3 PM.</b> For 7 to 15 year olds, covering a range of athletic events – running, jumping, throwing, games, competitions, £40 for <b>all</b> 5 days. <b>Contact Debbie Beresford on 07977 203478.</b>
TUES 12	TRAFFORD GRAND PRIX MEETING – DISTANCE/THROWS ONLY – 6:30 PM – Longford Park
<b>WED 13</b>	<b>HILL/FELL TRAINING SESSION – LYME PARK – 6:30 pm</b> – <i>If you're interested in this training session contact Debbie Beresford for more information. Planned Wednesday sessions throughout August depending on interest.</i>
<b>THU 14</b>	<b>MANCHESTER SALE 5K SIZZLER – FINAL IN SERIES OF FOUR – 7:30 pm Wythenshawe Park</b> – <i>incorporating the Northern 5K Road Championships.</i>
TUES 19	TRAFFORD GRAND PRIX MEETING – SPRINTS/HURDLES/JUMPS ONLY – 6:30 PM – Longford Park
<b>WED 20</b>	<b>HILL/FELL TRAINING SESSION – LYME PARK – 6:30 pm</b> – <i>If you're interested in this training session contact Debbie Beresford for more information. Planned Wednesday sessions throughout August depending on interest.</i>
SUN 24	THE BOLLINGTON 10K
MON 25	TRAFFORD AC MEDAL MEETING – 6:30 PM – Longford Park
TUES 26	TRAFFORD GRAND PRIX MEETING – DISTANCE/THROWS ONLY – 6:30 PM – Longford Park
<b>WED 27</b>	<b>HILL/FELL TRAINING SESSION – LYME PARK – 6:30 pm</b> – <i>If you're interested in this training session contact Debbie Beresford for more information. Planned Wednesday sessions throughout August depending on interest.</i>
<b>SEPTEMBER 2014</b>	
TUES 2	TRAFFORD GRAND PRIX MEETING – SPRINTS/HURDLES/JUMPS ONLY – 6:30 PM – Longford Park
<b>SUN 7</b>	<b>CHESHIRE TRACK &amp; FIELD LEAGUE – ROUND FOUR – WOODBANK PARK, STOCKPORT</b> – contact Debbie Beresford, Ed Fazakerley or Carl Summers for details – for members aged 9 upwards
<i>MANCHESTER H &amp; AC – Fixtures continued.....</i>	

<i>MANCHESTER H &amp; AC – September Fixtures continued .....</i>	
<b>SAT 13</b>	<b>NORTH WEST COUNTIES ROAD RELAYS – WOODBANK PARK, TURNCROFT LANE, STOCKPORT SK1 4JR</b> – incorporating Cheshire, Greater Manchester, Lancashire and Merseyside Championships – <b>First Race 11am; last race 2pm. Contact Debbie Beresford or Ed Fazakerley <u>soon</u> if you would like to run. [U13 to Snr Women 3 per team; Snr Men 4 per team.] Teams will be entered subject to interest.</b>
<b>SUN 14</b>	<b>THE GAWSWORTH 10K</b>
<b>SAT 20</b>	<b>NORTHERN ATHLETICS YOUNG ATHLETES ROAD RELAY CHAMPIONSHIPS – BIRCHWOOD BUSINESS PARK M – 11:30 AM START, [U13s &amp; U15s = 3,000 metres 3 per team; U17s = 3,300 metres 3 per team.] Contact Debbie Beresford (Women) or Ed Fazakerley (Men) <u>soon</u> if you would like to run. Teams will be entered subject to interest.</b>
<b>SAT 20</b>	<b>NORTHERN ATHLETICS SIX STAGE (MEN approx. 6K per stage) &amp; FOUR STAGE (WOMEN approx. 4.9K per stage) ROAD RELAY CHAMPS – BIRCHWOOD BUSINESS PARK – MEN 2 PM START, WOMEN 2:05 PM START. Contact Debbie Beresford (Women) or Ed Fazakerley (Men) <u>soon</u> if you would like to run. Teams will be entered subject to interest.</b>
<b>SAT 27</b>	<b>PRIMARY SCHOOLS CROSS COUNTRY LEAGUE – EVENT ONE - 10AM</b> – Cheadle & Marple Sixth Form College, Cheadle Campus, Cheadle Road, Cheadle Hulme SK8 5HA – <b>help needed</b> - please contact David Gregory – 0161-439 4884.
<b>SAT 27</b>	<b>JUNIOR DISCO &amp; PRESENTATION OF THE JUNIOR 2014 TRACK &amp; FIELD AND THE 2013/2014 CROSS COUNTRY AWARDS</b> – Didsbury Cricket Club full details will be available soon. <b>ALL MEMBERS WELCOME.</b> Booking slips will be posted on the website.
<b>SUN 28</b>	<b>THE SWINTON TEN MILE ROAD RACE – 9:30 AM</b> – Registration at Swinton FC Clubhouse, Barton Road, Swinton M27 5LJ.
<b>OCTOBER 2014</b>	
<b>SAT 11</b>	<b>PRIMARY SCHOOLS CROSS COUNTRY LEAGUE – EVENT TWO - 10AM</b> – Cheadle & Marple Sixth Form College, Cheadle Campus, Cheadle Road, Cheadle Hulme SK8 5HA – <b>help needed</b> - please contact David Gregory – 0161-439 4884.
<b>SAT 11</b>	<b>MANCHESTER AREA CROSS COUNTRY LEAGUE – MATCH ONE – Woodbank Park, Stockport</b> – first race 12:15 pm. Contact Debbie Beresford or Ed Fazakerley if you want to be entered.
<b>SAT 25</b>	<b>MANCHESTER UNIVERSITY CROSS COUNTRY RELAYS – MEN 2:00 PM, WOMEN 2:05 PM</b> – UNIVERSITY PLAYING FIELDS, WYTHENSHAW SPORTS GROUND, WILLENHALL ROAD, WYTHENSHAW M23 0BD – Contact Debbie Beresford (Women) or Ed Fazakerley (Men) <u>soon</u> if you would like to run. Teams will be entered subject to interest.
<b>NOVEMBER 2014</b>	
<b>SAT 8</b>	<b>MANCHESTER AREA CROSS COUNTRY LEAGUE – MATCH TWO – Sherdley Park, St Helens</b> – first race 12 noon. Open to all members aged 11 upwards – contact Debbie Beresford or Ed Fazakerley if you want to be entered.
<b>SAT 22</b>	<b>PRIMARY SCHOOLS CROSS COUNTRY LEAGUE – EVENT THREE - 10AM</b> – Cheadle & Marple Sixth Form College, Cheadle Campus, Cheadle Road, Cheadle Hulme SK8 5HA – <b>help needed</b> - please contact David Gregory – 0161-439 4884.
<i>MANCHESTER H &amp; AC – Fixtures continued.....</i>	

<i>MANCHESTER H &amp; AC – November Fixtures continued .....</i>	
SUN 30	CITY OF SALFORD LADIES 5.25 MILE RUN – 10:30 AM – <i>Registration at Swinton FC Clubhouse, Barton Road, Swinton M27 5LJ</i>
<b>DECEMBER 2014</b>	
SAT 6	<b>MANCHESTER AREA CROSS COUNTRY LEAGUE – MATCH THREE – Boggart Hole Clough, Manchester – <i>first race 12 noon. Open to all members aged 11 upwards – contact Debbie Beresford or Ed Fazakerley if you want to be entered.</i></b>
SUN 7	THE STOCKPORT 10 MILE ROAD RACE
<b>JANUARY 2015</b>	
SAT 3	<b>GREATER MANCHESTER CROSS COUNTRY CHAMPIONSHIPS – BOGGART HOLE CLOUGH, MANCHESTER. <i>Contact Debbie Beresford or Ed Fazakerley if you would like to run. Teams will be entered subject to interest.</i></b>
SAT 10 <i>OUR EVENT</i>	<b>MANCHESTER AREA CROSS COUNTRY LEAGUE – MATCH FOUR – Heaton Park, Manchester – <i>first race 12 noon. We're the host club so lots of help needed. Open to all members aged 11 upwards – contact Debbie Beresford or Ed Fazakerley if you want to be entered. Contact George Lawson if you can help with marshal duties or if you would like to help set the course.</i></b>
SAT 31	<b>PRIMARY SCHOOLS CROSS COUNTRY LEAGUE – EVENT FOUR - 10AM – Cheadle &amp; Marple Sixth Form College, Cheadle Campus, Cheadle Road, Cheadle Hulme SK8 5HA – <i>help needed - please contact David Gregory – 0161-439 4884.</i></b>
<b>FEBRUARY 2015</b>	
SAT 7	<b>MANCHESTER AREA CROSS COUNTRY LEAGUE – MATCH FIVE – Wythenshawe Park, Manchester – <i>first race 12 noon. Open to all members aged 11 upwards – contact Debbie Beresford or Ed Fazakerley if you want to be entered.</i></b>
SAT 28	<b>PRIMARY SCHOOLS CROSS COUNTRY LEAGUE–EVENT FIVE-10AM Cheadle &amp; Marple Sixth Form College, Cheadle Campus, Cheadle Road, Cheadle Hulme SK8 5HA – <i>help needed - please contact David Gregory–0161-439 4884.</i></b>
<b>MARCH 2015</b>	
SAT 21	<b>PRIMARY SCHOOLS CROSS COUNTRY LEAGUE – EVENT SIX - 10AM – Cheadle &amp; Marple Sixth Form College, Cheadle Campus, Cheadle Road, Cheadle Hulme SK8 5HA – <i>help needed - please contact David Gregory – 0161-439 4884. .</i></b>
<p style="text-align: center;">Remember we have a NEW website – same address - PLEASE VISIT!</p> <p style="text-align: center;">If you have any ideas for improvements or you have something you want included, corrected or changed, we would love to hear from you!</p> <p style="text-align: center;">We can alert you to new updates by email – just let us know. If you did decide to take advantage of this, your personal details would not be disclosed and you could opt out at any time.</p> <p style="text-align: center;"><i>website address</i></p> <p style="text-align: center;"><a href="http://www.manchesterharriers.co.uk">www.manchesterharriers.co.uk</a></p>	

PLEASE CONTACT A COMMITTEE MEMBER IF YOU CAN HELP WITH ANY OF THE EVENTS WE HOST OR ANY OF THE LEAGUES WE SUPPORT. FOR INSTANCE WE NEED LOTS OF HELP AT.....

PRIMARY SCHOOLS CROSS COUNTRY – 27<sup>TH</sup> SEPT, 11<sup>TH</sup> OCT,  
22<sup>ND</sup> NOV, 31<sup>ST</sup> JAN, 28 FEB, 21<sup>ST</sup> MARCH  
MANCHESTER AREA CROSS COUNTRY LEAGUE – 10<sup>TH</sup> JANUARY

## TWENTY-FIVE CLUB

*PLEASE support the Club - it's only £1 a month (£4 per draw) and you get the chance to win £25, £15 or £10 at each draw.*

*There are three draws a year – March, July & November  
PLEASE JOIN NOW AND HELP THE CLUB. THE MORE MEMBERS JOIN, THE MORE MONEY TO THE CLUB AND TO THE WINNERS.*

*up to 25 members the draw is for £25, £15 & £10;  
but for every 10 tickets sold above 25,  
an additional £20 goes to the Club and to the winning members.*

Contact Brenda - email c/o [arnoldbradshaw@btinternet.com](mailto:arnoldbradshaw@btinternet.com).

### DRAW 23 WILL BE HELD IN NOVEMBER

SO YOU REALLY DO HAVE LOTS OF TIME TO JOIN!

WINNERS OF DRAW 22

FIRST - STAN BENNION

SECOND - IAN BURNETT

THIRD - ARNOLD BRADSHAW

### MOST IMPORTANT

ALWAYS CHECK DATES & VENUE DETAILS  
AS CHANGES DO HAPPEN!

*Please contact Brenda  
at [arnoldbradshaw@btinternet.com](mailto:arnoldbradshaw@btinternet.com)  
with additions or corrections  
or telephone Brenda on 0161-796 6310*