

## MANCHESTER HARRIERS & A.C. FIXTURES – 2021/2022

The listing below is given as a guide to what's on - or was on – or might be on - it is a provisional list and you should check dates & venues. If an entry has a blue background it's an event the Club was - is committed to competing in, organising or assisting. Other events are included as they have been recommended by a member or we have (or had) members competing. For more details contact any of the following: Debbie Beresford 07977 203478, Brenda Bradshaw 0161-796 6310, Lindsey Farrelly 07717 177609, Ed Fazakerley 0161-431 0059, David Gregory 0161-439 4884, George Lawson 0161-485 2261, Andrew Parsonage 07504 407360, Kes Salmon 07377 719394 or Carl Summers 0161-718 6557. If they can't help they will re-direct you.

**TRAINING SESSIONS AT WYTHENSHAWE AND SPORTCITY ARE CONTINUING!** Members should contact their coach before attending – please don't just turn up and please check the session times. WYTHENSHAWE – Tuesday & Thursday (except 1<sup>st</sup>, 15<sup>th</sup>, 22<sup>nd</sup> July) 6pm to 7pm; SPORTCITY – Monday & Wednesday from 7:30pm. **SOCIAL DISTANCING STILL APPLIES**. Restrictions due to the corona virus can change so it is **IMPORTANT** to contact your coach before attending. COMPETITIONS: cancelled events are marked with a (C), postponed events with a (P), and some re-scheduled events with an (R). League dates marked with a question mark are currently under review.

JULY 2021	
THU 1	MANCHESTER SALE 5K SIZZLER – SECOND OF FOUR (+ONE!) – 7:30 pm Wythenshawe Park [NB training at Wythenshawe is cancelled – check with Debbie].
SUN 4 <u><b>WE'RE THE HOST CLUB HELP NEEDED</b></u>	NORTH OF ENGLAND TRACK & FIELD LEAGUE – DIV WEST 1S – U17 & SENIORS - <b>MATCH THREE – SPORTCITY – WE'RE THE HOST CLUB SO LOTS OF HELP NEEDED.</b>
FRI-SUN 9 - 11	ENGLISH SCHOOLS TRACK & FIELD CHAMPIONSHIPS – SPORTCITY
THU 15	MANCHESTER SALE 5K SIZZLER – THIRD OF FOUR (+ONE!) – 7:30 pm Wythenshawe Park [NB training at Wythenshawe is cancelled – check with Debbie].
SAT 17	YOUTH DEVELOPMENT T&F LEAGUE – GM EAST DIV - U13s & U15s – <b>MATCH TWO – SPORTCITY, MANCHESTER M11 3FF</b> – contact Lindsey Farrelly or Debbie Beresford if interested. For Under 13 & Under 15 members (must be aged at least 11 as of 31/8/21). NB Matches One & Two cancelled. Host Club: Sale H Manchester AC
WED 21	NORTHERN MASTERS 5,000 METRE TRACK CHAMPS – <b>Richmond Street Track, Ashton-Under-Lyne OL7 9HG</b>
THU 22	MANCHESTER SALE 5K SIZZLER – FOUR OF FOUR (+ONE!) – 7:30 pm Wythenshawe Park [NB training at Wythenshawe is cancelled – check with Debbie]. <i>In case you're thinking this date must be wrong because the 3<sup>rd</sup> race was only last week – it is correct! The original date had to be changed.</i>
SAT 24	CHESHIRE TRACK & FIELD LEAGUE – <b>ROUND 3 – RICHMOND STREET TRACK, ASHTON-U-LYNE OL7 9HG</b> – the hope is that this match will be held as usual with all members aged 9 upwards eligible to compete. Host Club: East Cheshire & Tameside AC
MON 26 -FRI 30 <u><b>PLEASE LET DEBBIE KNOW IF YOU WOULD LIKE TO HELP</b></u>	WEEK ONE - SUMMER HOLIDAY STARTRACK ATHLETICS – WYTHENSHAWE PARK – 10 AM TO 3 PM. For 7 to 15 year olds. Experience a range of athletics events. Learn to run, jump, throw. Games and competition. A great introduction to athletics as well as a way for active youngsters to improve, learn skills and develop as an athlete. £50 for <u>all</u> 5 days. <u>Wythenshawe Post Codes</u> – limited number of places at £30 per week. <b>Contact Debbie Beresford if you would like to help.</b>

Fixtures continued .....

<b>AUGUST 2021</b>	
SUN 1	<b>NORTH OF ENGLAND TRACK &amp; FIELD LEAGUE – DIV WEST 1S – U17 &amp; SENIORS - <i>MATCH FOUR – SPORTS VILLAGE, LEIGH WN17 4GX</i>. Host Club: St Helens Sutton AC</b>
MON 2 – FRI 6 <i><u>PLEASE LET DEBBIE KNOW IF YOU WOULD LIKE TO HELP</u></i>	<b>WEEK TWO - SUMMER HOLIDAY STARTRACK ATHLETICS – WYTHENSHAWE PARK – 10 AM TO 3 PM. See WEEK ONE above for details. £50 for all 5 days. <u>Wythenshawe Post Codes</u> limited number of places at £30 per week. <i>Contact Debbie Beresford if you would like to help.</i></b>
WED 11	<b>HERE'S THE PLUS ONE FROM THE SALE SIZZLERS – NEIL CLIFFE SIZZLER in support of St Ann's Hospice-7:30pm Wythenshawe Park</b>
SAT 21	<b>GREATER MANCHESTER TRACK &amp; FIELD CHAMPS – LONGFORD PARK <i>covid-style! One day only, no Under 11's.</i></b>
SUN 29	<b>CHESHIRE TRACK &amp; FIELD LEAGUE – <i>ROUND 4 – MARKET STREET TRACK, BURY BL9 9FX – the hope is that this match will be held as usual with all members aged 9 upwards eligible. Host Club: Bury AC</i></b>
<b>SEPTEMBER 2021</b>	
SAT 4 <i><u>PROVISIONAL DATE</u></i>	<b>YOUTH DEVELOPMENT T&amp;F LEAGUE – GM EAST DIV - U13s &amp; U15s – <i>MATCH THREE – RICHMOND STREET TRACK, ASHTON UNDER LYNE OL7 9HG – contact Lindsey Farrelly or Debbie Beresford if interested. For Under 13 &amp; Under 15 members (must be aged at least 11 as of 31/8/21). NB Match One cancelled. Host Club: East Cheshire H &amp; AC</i></b>
SAT 11	<b>NORTH WEST ROAD RELAYS – BIRCHWOOD PARK, WARRINGTON. <i>Details to follow.</i></b>
SUN 12	<b>NORTHERN MASTERS 10K ROAD CHAMPS - <i>Princess Mary Stadium, Cleckheaton, 124 Bradford Rd, Liversedge WF15 6LW</i></b>
SUN 12	<b>WILMSLOW HALF MARATHON – 10:30 – <i>NEW DATE FOLLOWING 3 POSTPONEMENTS - 15 Mar, 11 Oct 2020, 21 Mar 2021</i></b>
SUN 19	<b>NORTHERN MASTERS TRACK &amp; FIELD CHAMPS – <i>Bury Athletic Track, Market St., Bury BL9 9FX [original date 13/6/21]</i></b>
SAT 25 <i><u>HELP NEEDED</u></i>	<b>PRIMARY SCHOOLS CROSS COUNTRY LEAGUE – EVENT 1 - Wythenshawe Park – 10 am – contact David Gregory if you can help.</b>
SUN 26 <i><u>HELP NEEDED</u></i>	<b>GREAT MANCHESTER RUN – 10K &amp; HALF MARATHON PLUS JUNIOR RUNS – MANCHESTER CITY CENTRE – we help marshal these runs. Please contact Debbie Beresford if you can help.</b>
<b>OCTOBER 2021</b>	
SUN 3	<b>2021 LONDON MARATHON – 2020 entries may be carried over.</b>
SUN 3	<b>NORTHERN MASTERS 10,000 METRE TRACK CHAMPS – <i>Richmond Street Track, Ashton-Under-Lyne OL7 9HG</i></b>
SAT 9 <i><u>HELP NEEDED</u></i>	<b>PRIMARY SCHOOLS CROSS COUNTRY LEAGUE – EVENT 2 - Wythenshawe Park – 10 am – contact David Gregory if you can help.</b>
SAT 16	<b>MANCHESTER AREA CROSS COUNTRY LEAGUE – MATCH ONE – VENUE tbc – first race 12:15 pm. For Under 13's to Vets – contact Debbie Beresford or Ed Fazakerley by 8 October if you want to be entered. <i>No entries on match day.</i></b>
<b>NOVEMBER 2021</b>	
SAT 6 <i><u>HELP NEEDED</u></i>	<b>PRIMARY SCHOOLS CROSS COUNTRY LEAGUE – EVENT 3 - Wythenshawe Park – 10 am – contact David Gregory if you can help.</b>
SAT 13	<b>MANCHESTER AREA CROSS COUNTRY LEAGUE – MATCH TWO – venue tbc – first race 12 noon. For Under 11's to Vets – contact Debbie Beresford or Ed Fazakerley if you want to be entered. <i>No entries on match day. If you competed in Match 1 you are already entered – but remember you need your number.</i></b>
<i>Fixtures continued .....</i>	

DECEMBER 2021	
SAT 4	MANCHESTER AREA CROSS COUNTRY LEAGUE – MATCH THREE – venue tbc – <i>first race 12 noon. For Under 11's to Vets – contact Debbie Beresford or Ed Fazakerley if you want to be entered. No entries on match day. If you competed in Match 1 or 2 you are already entered – but remember you need your number.</i>
SUN 5	NORTHERN MASTERS 5K ROAD CHAMPIONSHIPS – <i>venue to be advised.</i>
JANUARY 2022	
SAT 15	MANCHESTER AREA CROSS COUNTRY LEAGUE – MATCH FOUR – venue tbc – <i>first race 12 noon. For Under 11's to Vets – contact Debbie Beresford or Ed Fazakerley if you want to be entered. No entries on match day. If you competed in Match 1, 2 or 3 you are already entered – but remember you need your number.</i>
SAT 22 <i>HELP NEEDED</i>	PRIMARY SCHOOLS CROSS COUNTRY LEAGUE – EVENT 4 - Wythenshawe Park – 10 am – <i>contact David Gregory if you can help.</i>
FEBRUARY 2022	
SAT 19 <i>WE'RE THE HOSTS HELP NEEDED</i>	MANCHESTER AREA CROSS COUNTRY LEAGUE – MATCH FIVE – HEATON PARK – <i>first race 12 noon. For Under 11's to Vets – contact Debbie Beresford or Ed Fazakerley if you want to be entered. WE'RE THE HOSTS SO WE NEED LOTS OF HELP – please contact George Lawson. No entries on match day. If you've competed in Match 1, 2, 3 or 4 you are already entered – but remember you need your number.</i>
MARCH 2022	
SAT 5 <i>HELP NEEDED</i>	PRIMARY SCHOOLS CROSS COUNTRY LEAGUE – EVENT 5 - Wythenshawe Park – 10 am <i>PLUS Parents/Teachers Race – 11 am – if you can help please contact David Gregory</i>
SAT 19 <i>HELP NEEDED</i>	PRIMARY SCHOOLS CROSS COUNTRY RELAYS - Wythenshawe Park – 10 am – <i>if you can help please contact David Gregory</i>
<p><b>2021 MEMBERSHIP RENEWALS ARE WELL OVERDUE!</b> Renewal notes were posted to all members ages ago. <b>Contact Brenda (Membership Sec) if you have any queries (<a href="mailto:arnoldbradshaw@btinternet.com">arnoldbradshaw@btinternet.com</a>).</b> Many thanks to the vast majority who have renewed.</p>	
<p><b>TWENTY-FIVE CLUB – the planned re-start happened! Draw 39 was held on <u>Thursday 20<sup>th</sup> May</u> at Wythenshawe Track just before the evening training session.</b></p> <p><b>WINNERS: FIRST – GEOFF SKITT, SECOND – JOAN BENNION, THIRD – ARNOLD BRADSHAW.</b> The list of members and the tickets were checked and verified by Debbie Beresford. The tickets were then drawn by Malcolm Plant. The draw had 26 tickets purchased by 15 members and raised £54 for Club funds. With thanks to the members who support the 25 Club. <b>The next draw will be at the end of July 2021. PLEASE support the 25 Club - it's only £12 PER YEAR and you get THREE chances to win £25, £15 or £10 with draws, usually, in March, July &amp; November. THE MORE MEMBERS JOIN, THE MORE MONEY TO THE CLUB AND TO THE WINNERS.</b> Up to 25 members the draw is for £25, £15 &amp; £10, but for every 10 tickets sold above 25, an additional £20 goes to the Club and to <u>the winning members</u>. Contact Brenda - email <a href="mailto:arnoldbradshaw@btinternet.com">arnoldbradshaw@btinternet.com</a>.</p>	
<p><b>IF YOU WOULD LIKE TO HELP WITH ANY ASPECT OF THE CLUB PLEASE CONTACT A COMMITTEE MEMBER</b></p>	

**PLEASE USE THE WEBSITE - [www.manchesterharriers.co.uk](http://www.manchesterharriers.co.uk)**

You'll find updates, news, photos, results and lots more. If you have something you want included, corrected or changed, we would like to hear from you.

***We can alert you to new updates by email – just go to the website to subscribe – it's really easy – and click on “Subscribe by Email”.***

## **2020/2021 SENIOR ROAD RACE CHAMPIONSHIP**

***Results from 2020 and 2021 will be used.***

***There are no named events.***

**5K x4, 5 Mile x1, 10K x3, 10 Mile x2,**

**Half Marathon x3, Marathon x2**

***Ages as at 1<sup>st</sup> January 2020 will be used.***

To qualify, you *must*: complete a minimum of five races; the races must be recognised, licenced events; they must be rated as “Road” races. The five races can be any combination, for instance if you’ve done two marathons and three 10Ks you’ve done enough to qualify. We will pick up results from Power of Ten so you don’t need to tell us you’ve done them but you do need to tell us if you know a race isn’t recorded by PoT – we’ll need the race name, the date, your time, the winner’s time and how many finished. This Championship runs from 1<sup>st</sup> January 2020 to 31<sup>st</sup> December 2021. Here’s an example of how the points work: If you compete in 7 races and your positions within the Club are 2<sup>nd</sup>, 3<sup>rd</sup>, 1<sup>st</sup>, 2<sup>nd</sup>, 2<sup>nd</sup>, 4<sup>th</sup> – your best five positions, i.e. 1<sup>st</sup>, 2<sup>nd</sup>, 2<sup>nd</sup>, 2<sup>nd</sup>, 2<sup>nd</sup> would be added to give a total of 9. The member with the lowest number of points wins. If you do more than the stated number of races, i.e. three 10 Milers, we’ll use your best two times. If there is any doubt as to whether or not a race should be included, it will be discussed by the Committee and their decision will be final. *Awards to:* first Senior Man [aged 17 or over – including Veterans, i.e. if a veteran is first overall, he will be declared Senior Mens Road Champion]; first Man Over 40, Over 45, Over 50, Over 55, Over 60; first Senior Woman [aged 17 or over – including Veterans, i.e. if a veteran is first overall, she will be declared Senior Womens Road Champion]; first Woman Over 35, Over 40, Over 45, Over 50, Over 55, Over 60. In the happy event that we get a good increase in the number of members completing the championship, the number of awards will be increased.

*Results will be collected from the Power of Ten website. If you have any results that don’t appear on PoT please send them to me giving the name and date of the race.*

*e-mail Brenda [arnoldbradshaw@btinternet.com](mailto:arnoldbradshaw@btinternet.com).*

## **2019 CHAMPIONS**

**MARK JONES & LINDSEY FARRELLY**

***2019 SENIOR ROAD RACE CHAMPIONSHIP RESULTS ARE ON THE WEBSITE***

*Please contact Brenda at [arnoldbradshaw@btinternet.com](mailto:arnoldbradshaw@btinternet.com) with additions or corrections to the fixtures or telephone Brenda on 0161-796 6310.*