

MANCHESTER HARRIERS & A.C. FIXTURES – 2022

The listing below is given as a guide to what's on - or was on – or might be on - it is a provisional list and you should check dates & venues. Events listed are those the Club is committed to competing in, organising or assisting in plus other events recommended by a member or we have (or had) members competing in. For more details contact any of the following: Debbie Beresford 07977 203478, Brenda Bradshaw 0161-796 6310, Lindsey Farrelly 07717 177609, Ed Fazakerley 0161-431 0059, David Gregory 0161-439 4884, George Lawson 0161-485 2261, Andrew Parsonage 07504 407360, Kes Salmon 07377 719394 or Carl Summers 0161-718 6557. If they can't help they will re-direct you.

<p><u>TRAINING SESSIONS AT WYTHENSHAWE AND SPORTCITY ARE CONTINUING</u> Members should contact their coach before attending – please don't just turn up and please <u>check the session times</u>. WYTHENSHAWE – Tuesday & Thursday 6pm to 7pm; SPORTCITY – Monday & Wednesday from 7:30pm. Restrictions due to the corona virus can happen with very short notice so it is IMPORTANT to make sure the session is going ahead.</p>	
SAT 29 JAN	NORTHERN CROSS COUNTRY CHAMPIONSHIPS – PONTEFRACT PARK RACECOURSE, PARK ROAD WF8 4QD
FEBRUARY 2022	
SAT 19 <u>WE'RE THE HOSTS HELP NEEDED</u>	MANCHESTER AREA CROSS COUNTRY LEAGUE – MATCH FIVE – HEATON PARK – first race 12 noon. For Under 11's to Vets. If you competed in Match 1, 2, 3 or 4 you are already entered – but remember you need your number. If not already entered contact Debbie Beresford or Ed Fazakerley <u>before 14th February</u> if you want to run. <u>There are no late entries and no entries on match day.</u> <u>WE'RE THE HOSTS & NEED LOTS OF HELP – contact George Lawson.</u>
MON 21	ANNUAL GENERAL MEETING – 7:30 pm – Cheadle Sports Club, 225 Kingsway, Cheadle SK8 1LA
SAT 26	ECCA NATIONAL CROSS COUNTRY CHAMPIONSHIPS – PARLIAMENT HILL, Parliament Hill Fields, London. Contact Debbie Beresford or Ed Fazakerley if you would like to run. Teams will be entered subject to interest.
MARCH 2022	
SAT 5 <u>HELP NEEDED</u>	PRIMARY SCHOOLS CROSS COUNTRY LEAGUE – EVENT FIVE - Wythenshawe Park – 10 am PLUS Parents/ Teachers Race – 11 am. Contact Dave Wood if you can help (email davidwood49@aol.com , or telephone 07483 771472).
SAT 19 <u>HELP NEEDED</u>	PRIMARY SCHOOLS CROSS COUNTRY RELAYS - Wythenshawe Park – 10 am – contact Dave Wood if you can help (email davidwood49@aol.com , or telephone 07483 771472).
APRIL 2022	
SAT 30	NORTH OF ENGLAND TRACK & FIELD LEAGUE – DIV WEST 1S – U17 & SENIORS - MATCH ONE – SPORTS PARK, LITHERLAND L21 7NN. Clubs: Liverpool H&AC; Liverpool Pembroke&Sefton H&AC; Southport Waterloo AC (Hosts); St Helens Sutton AC; Wirral AC
MAY 2022	
SUN 1	CHESHIRE TRACK & FIELD LEAGUE – ROUND 1 - WREXHAM – contact Debbie Beresford, Ed Fazakerley or Carl Summers for details – for members aged 9 upwards
SUN 8	YOUTH DEVELOPMENT T&F LEAGUE – NW 3N DIV - U13s & U15s – MATCH ONE – SHEEPMOUNT ATHLETICS STADIUM, CARLISLE – contact Lindsey Farrelly or Debbie Beresford if interested. For U13 & U15 members (must be aged at least 11 as of 31/8/22). Clubs: Border H&AC (Hosts); East Cheshire H & Tameside AC; Horwich RMI H&AC; Hyndburn AC; Salford Metropolitan AC

SAT 14 MAY	GREATER MANCHESTER TRACK & FIELD CHAMPIONSHIPS – LONGFORD PARK STADIUM, TRAFFORD <i>Details to follow.</i>
SAT 21	YOUTH DEVELOPMENT T&F LEAGUE – NW 3N DIV - U13s & U15s – MATCH TWO – RICHMOND STREET, ASHTON-U-LYNE – contact <i>Lindsey Farrelly or Debbie Beresford if interested. For U13 & U15 members (must be aged at least 11 as of 31/8/22). Clubs: Border H&AC; East Cheshire H & Tameside AC (Hosts); Horwich RMI H&AC; Hyndburn AC; Salford Met AC</i>
SUN 22 <u>MARSHALS NEEDED</u>	GREAT MANCHESTER RUNS – MANCHESTER CITY CENTRE 10K & HALF MARATON PLUS MINI (FOR 3-8 YEAR OLDS) & JUNIOR (FOR 9-15 YEAR OLDS) EVENTS) – <i>we help marshal these runs – let us know if you would like to help.</i>
JUNE 2022	
SUN 5	CHESHIRE TRACK & FIELD LEAGUE – ROUND 2 – MACCLESFIELD – contact <i>Debbie Beresford, Ed Fazakerley or Carl Summers for details – for members aged 9 upwards</i>
WED 8 <u>OUR EVENT HELP NEEDED</u>	THE JOE MORAN MEMORIAL VETERANS TRACK & FIELD MEETING IS BACK AFTER A TWO YEAR “COVID” BREAK – SPORTCITY – <i>7:15pm to 9:15pm. MINIMUM AGE 35 YEARS. THIS IS OUR EVENT AND WE WILL NEED LOTS OF SUPPORT AND HELP. If you are not able to compete but are available to help, please volunteer – experience not needed for many of the jobs.</i>
SUN 12	NORTH OF ENGLAND TRACK & FIELD LEAGUE – DIV WEST 1S – U17 & SENIORS - MATCH TWO – THE SPORTS CENTRE, EDGE HLL UNIV, L39 4QP. Clubs: Liverpool H&AC; Liverpool Pembroke&Sefton H&AC (Hosts); Southport Waterloo AC; St Helens Sutton AC; Wirral AC
WED 29 <u>OUR EVENT HELP NEEDED</u>	THE MANCHESTER MILE IS ALSO BACK AFTER A TWO YEAR “COVID” BREAK – SPORTCITY – FOR ALL AGES FROM UNDER 17 UPWARDS (U17's must be aged 15 or 16 as at midnight 31st August 2022). THIS IS OUR PROMOTION AND WE WILL NEED LOTS OF SUPPORT AND HELP. <i>If you are not able to compete but are available to help, please volunteer – experience not needed for many of the jobs.</i>
JULY 2022	
SUN 3	YOUTH DEVELOPMENT T&F LEAGUE – NW 3N DIV - U13s & U15s – MATCH THREE – SPORTS VILLAGE, LEIGH – contact <i>Lindsey Farrelly or Debbie Beresford if interested. For U13 & U15 members (must be aged at least 11 as of 31/8/22). Clubs: Border H&AC; East Cheshire H & Tameside AC; Horwich RMI H&AC (Hosts); Hyndburn AC; Salford Metropolitan AC</i>
SUN 10	NORTH OF ENGLAND TRACK & FIELD LEAGUE – DIV WEST 1S – U17 & SENIORS - MATCH THREE – WAVERTREE ATHLETICS CENTRE, LIVERPOOL L15 4LE. Clubs: Liverpool H&AC (Hosts); Liverpool Pembroke&Sefton H&AC; Southport Waterloo AC; St Helens Sutton AC; Wirral AC
SUN 17	CHESHIRE TRACK & FIELD LEAGUE – ROUND 3 – WOODBANK PARK – contact <i>Debbie Beresford, Ed Fazakerley or Carl Summers for details – for members aged 9 upwards</i>
SAT 30	YOUTH DEVELOPMENT T&F LEAGUE – NW 3N DIV - U13s & U15s – MATCH FOUR – CLEAVELEY ATHLETICS TRACK, ECCLES – contact <i>Lindsey Farrelly or Debbie Beresford if interested. For U13 & U15 members (must be aged at least 11 as of 31/8/22). Clubs: Border H&AC; East Cheshire H & Tameside AC; Horwich RMI H&AC; Hyndburn AC; Salford Met AC (Hosts)</i>
AUGUST 2022	
SAT 6	NORTH OF ENGLAND TRACK & FIELD LEAGUE – DIV WEST 1S – U17 & SENIORS - MATCH FOUR – THE OVAL, BEBINGTON CH63 7LF. Clubs: Liverpool H&AC); Liverpool Pembroke&Sefton H&AC; Southport Waterloo AC; St Helens Sutton AC; Wirral AC (Hosts)

SUN 21 Aug or Sun 4 Sept	CHESHIRE TRACK & FIELD LEAGUE – ROUND 4 – CLEAVELEY TRACK, ECCLES – contact Debbie Beresford, Ed Fazakerley or Carl Summers for details – for members aged 9 upwards
<p>2022 MEMBERSHIP RENEWALS – due 1st January</p> <p>- renewal notes have been sent out during January</p> <p style="color: red;">if you have any queries</p> <p>contact Brenda (Membership Secretary)</p> <p>arnoldbradshaw@btinternet.com</p>	

TWENTY-FIVE CLUB

PLEASE support the 25 Club - it's only

£12 PER YEAR

and you get THREE chances to win

£25, £15 or £10

with draws in March, July & November.

THE MORE MEMBERS JOIN, THE MORE MONEY TO THE CLUB AND TO THE WINNERS.

Up to 25 members the draw is for £25, £15 & £10 but for every 10 tickets sold above 25, an additional £20 goes to the Club and to the winning members.

Contact Brenda - email arnoldbradshaw@btinternet.com.

DRAW 41 took place at our Committee Meeting on Nov. 22nd

WINNERS: FIRST – BRENDA BRADSHAW;

SECOND – JEAN SKITT;

THIRD – JOAN BENNION

DRAW 42 IS DUE AT THE END OF MARCH 2022

IF YOU WOULD LIKE TO HELP WITH ANY ASPECT OF THE CLUB PLEASE CONTACT A COMMITTEE MEMBER

PLEASE USE THE WEBSITE - www.manchesterharriers.co.uk

You'll find updates, news, photos, results and lots more.

If you have something you want included, corrected or changed, we would like to hear from you.

We can alert you to new updates by email – just go to the website to subscribe – it's really easy – and click on “Subscribe by Email”.

2020/2021 SENIOR ROAD RACE CHAMPIONSHIP

**Results from 2020 and 2021 are being used.
There are no named events.**

**5K x4, 5 Mile x1, 10K x3, 10 Mile x2,
Half Marathon x3, Marathon x2**

Ages as at 1st January 2020 are being used.

If you have any results that don't appear on PoT please send them to me giving the name and date of the race.

To qualify, you *must*: complete a minimum of five races; the races must be recognised, licenced events; they must be rated as "Road" races. The five races can be any combination, for instance if you've done two marathons and three 10Ks you've done enough to qualify. We will pick up results from Power of Ten so you don't need to tell us you've done them *but you do need to tell us if you know a race isn't recorded by PoT* - we'll need the race name, the date, your time, the winner's time and how many finished. This Championship runs from 1st January 2020 to 31st December 2021. *Here's an example of how the points work:* If you compete in 7 races and your positions within the Club are 2nd, 3rd, 1st, 2nd, 2nd, 2nd, 4th - your best five positions, i.e. 1st, 2nd, 2nd, 2nd, 2nd would be added to give a total of 9. The member with the lowest number of points wins. *If you do more than the stated number of races*, i.e. three 10 Milers, we'll use your best two times. If there is any doubt as to whether or not a race should be included, it will be discussed by the Committee and their decision will be final. *Awards to:* first Senior Man [aged 17 or over - including Veterans, i.e. if a veteran is first overall, he will be declared Senior Mens Road Champion]; first Man Over 40, Over 45, Over 50, Over 55, Over 60; first Senior Woman [aged 17 or over - including Veterans, i.e. if a veteran is first overall, she will be declared Senior Womens Road Champion]; first Woman Over 35, Over 40, Over 45, Over 50, Over 55, Over 60. In the happy event that we get a good increase in the number of members completing the championship, the number of awards will be increased.

Results will be collected from the Power of Ten website.

e-mail Brenda arnoldbradshaw@btinternet.com.

2019 CHAMPIONS

MARK JONES & LINDSEY FARRELLY

2019 SENIOR ROAD RACE CHAMPIONSHIP RESULTS ARE ON THE WEBSITE

*Please contact Brenda at arnoldbradshaw@btinternet.com
with additions or corrections to the fixtures
or telephone Brenda on 0161-796 6310*