

MANCHESTER HARRIERS & A.C. FIXTURES – 2022

The listing below is given as a guide to what's on - or was on – or might be on - it is a provisional list and you should check dates & venues. Events listed are those the Club is committed to competing in, organising or assisting in plus other events recommended by a member or we have (or had) members competing in. For more details contact any of the following: Debbie Beresford 07977 203478, Brenda Bradshaw 0161-796 6310, Lindsey Farrelly 07717 177609, Ed Fazakerley 0161-431 0059, David Gregory 0161-439 4884, George Lawson 0161-485 2261, Andrew Parsonage 07504 407360, Kes Salmon 07377 719394 or Carl Summers 0161-718 6557. If they can't help they will re-direct you.

TRAINING SESSIONS AT WYTHENSHAW AND SPORTCITY ARE CONTINUING Members should contact their coach before attending – please don't just turn up and please check the session times. WYTHENSHAW – Tuesday & Thursday 6pm to 7pm; SPORTCITY – Monday & Wednesday from 7:30pm. Restrictions due to the corona virus can happen with very short notice so it is **IMPORTANT** to make sure the session is going ahead.

MARCH 2022

SUN 13	YOUNG ATHLETES OPEN CROSS COUNTRY MEETING – U9 (YEARS 3/4) & U11 (YEARS 5/6) - 12 NOON START - RICHMOND STREET, ASHTON-U-LYNE - contact Malcolm Plant for details.
SAT 19 <u>HELP NEEDED</u>	PRIMARY SCHOOLS CROSS COUNTRY RELAYS - Wythenshawe Park – 10 am – contact Dave Wood if you can help (email davidwood49@aol.com , or telephone 07483 771472). NB Event Five scheduled for 5th March was cancelled due to waterlogged course so there may be changes to this event.
SUN 20	BOLTON 5K – 9:30 AM – LEVERHULME PARK
MON 28 <u>NEW DATE</u>	ANNUAL GENERAL MEETING – 7:30 pm – Cheadle Sports Club, 225 Kingsway, Cheadle SK8 1LA – ORIGINAL DATE, 21 FEB, POSTPONED DUE TO STORM FRANKLIN

APRIL 2022

FRI 15	SALFORD 10K – 10 am - Salford Sports Village, Littleton Road, Lower Kersal, Salford M7 3NQ
SAT 30	NORTH OF ENGLAND TRACK & FIELD LEAGUE – DIV WEST 1S – U17 & SENIORS - MATCH ONE – SPORTS PARK, LITHERLAND L21 7NN. Clubs: Liverpool H&AC; Liverpool Pembroke&Sefton H&AC; Southport Waterloo AC (Hosts); St Helens Sutton AC; Wirral AC

MAY 2022

SUN 1	CHESHIRE TRACK & FIELD LEAGUE – ROUND 1 - WREXHAM – contact Debbie Beresford, Ed Fazakerley or Carl Summers for details – for members aged 9 upwards
SUN 8	YOUTH DEVELOPMENT T&F LEAGUE – NW 3N DIV - U13s & U15s – MATCH ONE – SHEEPMOUNT ATHLETICS STADIUM, CARLISLE – contact Lindsey Farrelly or Debbie Beresford if interested. For U13 & U15 members (must be aged at least 11 as of 31/8/22). Clubs: Border H&AC (Hosts); E.Chesh H&Tameside AC; Horwich RMI H&AC; Hyndburn AC; Salford Met.
SAT 14	GREATER MANCHESTER TRACK & FIELD CHAMPIONSHIPS – LONGFORD PARK STADIUM, TRAFFORD Details to follow.
SAT 21	YOUTH DEVELOPMENT T&F LEAGUE – NW 3N DIV - U13s & U15s – MATCH TWO – RICHMOND STREET, ASHTON-U-LYNE – contact Lindsey Farrelly or Debbie Beresford if interested. For U13 & U15 members (must be aged at least 11 as of 31/8/22). Clubs: Border H&AC; East Cheshire H & Tameside AC (Hosts); Horwich RMI H&AC; Hyndburn AC; Salford Met AC
SUN 22 <u>MARSHALS NEEDED</u>	GREAT MANCHESTER RUNS – MANCHESTER CITY CENTRE 10K & HALF MARATON PLUS MINI (FOR 3-8 YEAR OLDS) & JUNIOR (FOR 9-15 YEAR OLDS) EVENTS – we help marshal these runs – let us know if you would like to help.

JUNE 2022	
SUN 5	CHESHIRE TRACK & FIELD LEAGUE – ROUND 2 – <i>LONGFORD PARK</i> – contact Debbie Beresford, Ed Fazakerley or Carl Summers for details – for members aged 9 upwards
WED 8 <i>OUR EVENT HELP NEEDED</i>	THE JOE MORAN MEMORIAL VETERANS TRACK & FIELD MEETING IS BACK AFTER A TWO YEAR “COVID” BREAK – SPORTCITY – 7:15pm to 9:15pm. MINIMUM AGE 35 YEARS. THIS IS OUR EVENT AND WE WILL NEED LOTS OF SUPPORT AND HELP. If you are not able to compete but are available to help, please volunteer.
SUN 12	NORTH OF ENGLAND TRACK & FIELD LEAGUE – DIV WEST 1S – U17 & SENIORS - <i>MATCH TWO – THE SPORTS CENTRE, EDGE HLL UNIV., L39 4QP.</i> Clubs: Liverpool H&AC; Liverpool Pembroke&Sefton H&AC (Hosts); Southport Waterloo AC; St Helens Sutton AC; Wirral AC
WED 29 <i>OUR EVENT HELP NEEDED</i>	THE MANCHESTER MILE IS ALSO BACK AFTER A TWO YEAR “COVID” BREAK – SPORTCITY – FOR ALL AGES FROM UNDER 17 UPWARDS (U17’s must be aged 15 or 16 as at midnight 31st August 2022). THIS IS OUR PROMOTION, WE WILL NEED LOTS OF SUPPORT AND HELP. If you are not able to compete but are available to help, please volunteer.
THU 30	MANCHESTER SALE 5K SIZZLER – FIRST OF FOUR – 7:30 pm Wythenshawe Park [NB training at Wythenshawe is cancelled – members should check with their coach for alternative session].
JULY 2022	
SUN 3	YOUTH DEVELOPMENT T&F LEAGUE – NW 3N DIV - U13s & U15s – <i>MATCH 3 – WITTON PARK ATHLETICS TRACK, PRESTON OLD RD, BLACKBURN BB2 2TP</i> – contact Lindsey Farrelly or Debbie Beresford if interested. For U13&U15 members aged at least 11 as of 31/8/22). Clubs: Border H&AC; E.Chesh H&Tameside AC; Horwich RMI H&AC (Host Club); Hyndburn AC; Salford Met AC
SUN 10	NORTH OF ENGLAND TRACK & FIELD LEAGUE – DIV WEST 1S – U17 & SENIORS - <i>MATCH THREE – WAVERTREE ATHLETICS CENTRE, LIVERPOOL L15 4LE.</i> Clubs: Liverpool H&AC (Hosts); Liverpool Pembroke&Sefton H&AC; Southport Waterloo AC; St Helens Sutton AC; Wirral AC
THU 14	MANCHESTER SALE 5K SIZZLER – SECOND OF FOUR – 7:30 pm Wythenshawe Park [NB training at Wythenshawe is cancelled – members should check with their coach for alternative session].
SUN 17	CHESHIRE TRACK & FIELD LEAGUE – ROUND 3 – <i>RICHMOND STREET, ASHTON-U-LYNE</i> – contact Debbie Beresford, Ed Fazakerley or Carl Summers for details – for members aged 9 upwards
THU 28	MANCHESTER SALE 5K SIZZLER – THIRD OF FOUR – 7:30 pm Wythenshawe Park [NB training at Wythenshawe is cancelled – members should check with their coach for alternative session].
SAT 30	YOUTH DEVELOPMENT T&F LEAGUE – NW 3N DIV - U13s & U15s – <i>MATCH FOUR – CLEAVELEY ATHLETICS TRACK, ECCLES</i> – contact Lindsey Farrelly or Debbie Beresford if interested. For U13 & U15 members (must be aged at least 11 as of 31/8/22). Clubs: Border H&AC; East Cheshire H & Tameside AC; Horwich RMI H&AC; Hyndburn AC; Salford Met AC (Hosts)
AUGUST 2022	
SAT 6	NORTH OF ENGLAND TRACK & FIELD LEAGUE – DIV WEST 1S – U17 & SENIORS - <i>MATCH FOUR – THE OVAL, BEBINGTON CH63 7LF.</i> Clubs: Liverpool H&AC; Liverpool Pembroke&Sefton H&AC; Southport Waterloo AC; St Helens Sutton AC; Wirral AC (Hosts)
THU 11	MANCHESTER SALE 5K SIZZLER – FOUR OF FOUR – 7:30 pm Wythenshawe Park [NB training at Wythenshawe is cancelled – members should check with their coach for alternative session].

SEPTEMBER 2022

SUN 4

CHESHIRE TRACK & FIELD LEAGUE – ROUND 4 – *CLEAVELEY TRACK, ECCLES* – contact Debbie Beresford, Ed Fazakerley or Carl Summers for details – for members aged 9 upwards

2022 MEMBERSHIP RENEWALS – due 1st January

- renewal notes were sent out during January

if you have any queries

contact Brenda (Membership Secretary)

(arnoldbradshaw@btinternet.com)

TWENTY-FIVE CLUB

PLEASE support the 25 Club - it's only

£12 PER YEAR

and you get *THREE* chances to win

£25, £15 or £10

with draws in March, July & November.

***THE MORE MEMBERS JOIN, THE MORE
MONEY TO THE CLUB AND TO THE WINNERS.***

Up to 25 members the draw is for £25, £15 & £10

but for every 10 tickets sold above 25,

an additional £20 goes to the Club and to

the winning members.

Contact Brenda - email arnoldbradshaw@btinternet.com.

DRAW 41 took place at our Committee Meeting on Nov. 22nd

WINNERS: FIRST – BRENDA BRADSHAW;

SECOND – JEAN SKITT;

THIRD – JOAN BENNION

DRAW 42 IS DUE AT THE END OF MARCH 2022

IF YOU WOULD LIKE TO HELP

WITH ANY ASPECT OF THE CLUB

PLEASE CONTACT A COMMITTEE MEMBER

PLEASE USE THE WEBSITE - www.manchesterharriers.co.uk

You'll find updates, news, photos, results and lots more.

**If you have something you want included, corrected or changed,
we would like to hear from you.**

***We can alert you to new updates by email – just go to the website to
subscribe – it's really easy – and click on “Subscribe by email”.***

2020/2021 SENIOR ROAD RACE CHAMPIONSHIP

*Results from 2020 and 2021 are being used.
There are no named events.*

5K x4, 5 Mile x1, 10K x3, 10 Mile x2,
Half Marathon x3, Marathon x2

Ages as at 1st January 2020 are being used.

*If you have any results that don't appear on PoT please send
them to me giving the name and date of the race.*

To qualify, you *must*: complete a minimum of five races; the races must be recognised, licenced events; they must be rated as "Road" races. The five races can be any combination, for instance if you've done two marathons and three 10Ks you've done enough to qualify. We will pick up results from Power of Ten so you don't need to tell us you've done them but you do need to tell us if you know a race isn't recorded by PoT – we'll need the race name, the date, your time, the winner's time and how many finished. This Championship runs from 1st January 2020 to 31st December 2021. Here's an example of how the points work: If you compete in 7 races and your positions within the Club are 2nd, 3rd, 1st, 2nd, 2nd, 2nd, 4th – your best five positions, i.e. 1st, 2nd, 2nd, 2nd, 2nd would be added to give a total of 9. The member with the lowest number of points wins. If you do more than the stated number of races, i.e. three 10 Milers, we'll use your best two times. If there is any doubt as to whether or not a race should be included, it will be discussed by the Committee and their decision will be final. *Awards to: first Senior Man [aged 17 or over – including Veterans, i.e. if a veteran is first overall, he will be declared Senior Mens Road Champion]; first Man Over 40, Over 45, Over 50, Over 55, Over 60; first Senior Woman [aged 17 or over – including Veterans, i.e. if a veteran is first overall, she will be declared Senior Womens Road Champion]; first Woman Over 35, Over 40, Over 45, Over 50, Over 55, Over 60. In the happy event that we get a good increase in the number of members completing the championship, the number of awards will be increased.*

Results will be collected from the Power of Ten website.

e-mail Brenda arnoldbradshaw@btinternet.com.

2019 CHAMPIONS

MARK JONES & LINDSEY FARRELLY

2019 SENIOR ROAD RACE CHAMPIONSHIP RESULTS ARE ON THE WEBSITE

*Please contact Brenda at arnoldbradshaw@btinternet.com
with additions or corrections to the fixtures
or telephone Brenda on 0161-796 6310*