

MANCHESTER HARRIERS & A.C. FIXTURES – 2023

The listing below is given as a guide to what's on and members are advised to **check dates and venues**. Events listed are those the Club is committed to competing in, organising or assisting in plus events either recommended by a member or we have members competing in. For more details contact any of the following: **Debbie Beresford 07977 203478, Brenda Bradshaw 0161-796 6310, Ed Fazakerley 0161-431 0059, David Gregory 0161-439 4884, George Lawson 0161-485 2261, Andrew Parsonage 07504 407360, Kes Salmon 07377 719394, Carl Summers 07462 902326 or Dave Wood 07483 771472.** If they can't help they will re-direct you.

TRAINING SESSIONS AT WYTHENSHAWE: Tuesday & Thursday 6 pm to 7 pm

TRAINING SESSIONS AT SPORTCITY: Monday & Wednesday 7- 8:30 pm

ALL SESSIONS: Members are advised to check before attending. There is ongoing work at the Wythenshawe venue, to improve the facilities, which may affect sessions.

JANUARY 2023	
SAT 7 <i>[ORIGINALLY 11 DEC 2022]</i>	GREATER MANCHESTER CROSS COUNTRY CHAMPIONSHIP – LEVERHULME PARK, BOLTON BL2 6EX – UNDER 13's to SENIORS. ENTRIES CLOSED.
SUN 8	SALE INDOOR OPEN TRACK & FIELD MEETING – SPORTCITY – 10 AM START
SAT 14	MANCHESTER AREA CROSS COUNTRY LEAGUE – MATCH THREE – <i>Tatton Park</i> – first race 12 noon. For Under 11's to Vets. All entries through the Club – contact Ed Fazakerley or Debbie Beresford <u>before the 9th January</u> to be entered. (Note: if you competed in Match One or Two, you are already entered.) <u>NO ENTRIES ON MATCH DAY</u>
SAT 21 <i>HELP NEEDED</i>	PRIMARY SCHOOLS CROSS COUNTRY LEAGUE – EVENT 4 - Wythenshawe Park – 10 am – contact Dave Wood if you can help.
SAT 28	NORTHERN CROSS COUNTRY CHAMPIONSHIPS – <i>Witton Park, Blackburn</i> - Contact: Ed Fazakerley or Debbie Beresford if you would like to run. Teams will be entered subject to interest.
SUN 29	ST ANNE'S 10 MILE ROAD RACE – 10:30 am – <i>St Annes Pool, South Promenade</i>
SUN 29	SALE INDOOR OPEN TRACK & FIELD MEETING – SPORTCITY – 10 AM START
FEBRUARY 2023	
SAT 4	GREATER MANCHESTER SCHOOLS CROSS COUNTRY CHAMPIONSHIPS – <i>Heaton Park</i>
SAT 11	MANCHESTER AREA CROSS COUNTRY LEAGUE – MATCH FOUR – <i>Sherdley Park</i> – first race 12 noon. For Under 11's to Vets. All entries through the Club – contact Ed Fazakerley or Debbie Beresford <u>before the 6th February</u> to be entered. (Note: if you competed in Match One, Two or Three, you are already entered.) <u>NO ENTRIES ON MATCH DAY</u>
SUN 12	SALE INDOOR OPEN TRACK & FIELD MEETING – SPORTCITY – 10 AM START
SAT 25	ENGLISH NATIONAL CROSS COUNTRY CHAMPIONSHIPS – <i>Bolesworth Castle, near Tattenhall, Chester.</i>
MON 27	ANNUAL GENERAL MEETING – 7:30 pm – <i>Cheadle Sports Club, 225 Kingsway, Cheadle SK8 1LA</i>
<i>fixtures continued.....</i>	

MARCH 2023	
SAT 4 <i>TO BE CONFIRMED – [ORIGINALLY SAT 11]</i>	PLEASE NOTE THIS EVENT WILL BE MOVED DUE TO THE RE-SCHEDULED MANCHESTER AREA CCL – NEW DATE WILL BE ADVISED ASAP – SORRY! PRIMARY SCHOOLS CROSS COUNTRY LEAGUE – EVENT 5 - Wythenshawe Park – 10 am – contact Dave Wood if you can help.
SAT 11 <i>[ORIGINALLY 3RD DEC]</i>	MANCHESTER AREA CROSS COUNTRY LEAGUE – MATCH FIVE – Heaton Park – first race 12 noon. For Under 11's to Vets. All entries through the Club – contact Ed Fazakerley or Debbie Beresford <u>before the 6th March</u> to be entered. (Note: if you competed in any of the previous matches you are already entered.) <u>NO ENTRIES ON MATCH DAY. VERY IMPORTANT</u> – we're the host club and need lots of help – please let David Gregory know if you can help.
SUN 12	SALE INDOOR OPEN TRACK & FIELD MEETING – SPORTCITY – 10 AM START
SAT 25 <i>HELP NEEDED</i>	PRIMARY SCHOOLS CROSS COUNTRY RELAYS & LEAGUE PRESENTATIONS – Wythenshawe Park – 10 am – contact Dave Wood if you can help.
APRIL 2023	
SAT 1	NORTHERN 12 & 6 STAGE RELAYS - REDCAR
SUN 23	LONDON MARATHON
MAY 2023	
SAT 13 & SUN 14	GREATER MANCHESTER TRACK & FIELD CHAMPIONSHIPS – LEIGH SPORTS VILLAGE. Details to follow.
<p>Provisional Dates & Venues for the 2023 Cheshire T&F League</p> <p>Sunday 23rd April – Round 1 – Cleavley Athletic Track, Eccles</p> <p>Saturday 17th June – Queensway Stadium, Wrexham</p> <p>Sunday 16th July – Macclesfield Leisure Centre</p> <p>Sunday 3rd September – Cleavley Athletic Track, Eccles</p>	
<p>Provisional Dates & Venues for the 2023 Northern T&F League</p> <p>Saturday 20th May – Witton Park, Blackburn</p> <p>Sunday 18th June – Sheepmount Athletics Stadium, Carlisle</p> <p>Sunday 9th July – Sportcity (we're hosting)</p> <p>Saturday 19th August – Leigh Sports Village</p>	
<p>Provisional Dates for Joe's Meeting & The Mile</p> <p>Joe Moran Veterans T&F Meeting – Wednesday 7th June</p> <p>The Manchester Mile – Wednesday 21st June</p>	

2023 MEMBERSHIP RENEWALS

Renewal emails are being sent out.
If you have any membership queries,
please contact Brenda (Membership Secretary)
arnoldbradshaw@btinternet.com

TWENTY-FIVE CLUB

PLEASE support the 25 Club - it's only

£12 PER YEAR

and you get **THREE** chances to win

£25, £15 or £10

with draws in March, July & November.

**THE MORE MEMBERS JOIN, THE MORE
MONEY TO THE CLUB AND TO THE WINNERS.**

Up to 25 members the draw is for £25, £15 & £10
but for every 10 tickets sold above 25,
an additional £20 goes to the Club and to
the winning members.

Contact Brenda - email arnoldbradshaw@btinternet.com.

DRAW 44 took place at the Committee Meeting on the 21st Nov.

WINNERS: FIRST – ARNOLD BRADSHAW

SECOND – JEAN SKITT

THIRD – JOSEPH FARRELLY

**DRAW 45 WILL TAKE PLACE
TOWARDS THE END OF MARCH 2023**

PLEASE USE THE WEBSITE - www.manchesterharriers.co.uk

You'll find updates, news, photos, results and lots more.

If you have something you want included, corrected or
changed, we would like to hear from you.

**We can alert you to new updates by email – just go to the
website to subscribe – it's really easy – and click on
“Subscribe by email”.**

**IF YOU WOULD LIKE TO HELP WITH
ANY ASPECT OF THE CLUB PLEASE CONTACT
Club Secretary, DAVID GREGORY**

2023 SENIOR ROAD RACE CHAMPIONSHIP

1st January to 31st December 2023

**5K x4, 5 Mile x1, 10K x3, 10 Mile x2,
Half Marathon x3, Marathon x2**

To qualify, you need to complete a minimum of five races. The races must be recognised, licenced events and must be rated as "Road" races. The five races can be any combination, for instance if you've done two marathons and three 10Ks you've done enough to qualify. We will pick up results from Power of Ten so you don't need to tell us you've done them *but you do need to tell us if you know a race isn't recorded by PoT* - we'll need the race name, the date, your time, the winner's time and how many finished. This Championship runs from 1st January to 31st December 2023.

Here's an example of how the points work: If you compete in 7 races and your positions within the Club are 2nd, 3rd, 1st, 2nd, 2nd, 2nd, 4th - your best five positions, i.e. 1st, 2nd, 2nd, 2nd, 2nd would be added to give a total of 9. The member with the lowest number of points wins. *If you do more than the stated number of races*, i.e. three 10 Milers, we'll use your best two times. If there is any doubt as to whether or not a race should be included, it will be discussed by the Committee and their decision will be final. *Awards to:* first Senior Man [aged 17 or over - including Veterans, i.e. if a veteran is first overall, he will be declared Senior Mens Road Champion]; first Man Over 40, Over 45, Over 50, Over 55, Over 60; first Senior Woman [aged 17 or over - including Veterans, i.e. if a veteran is first overall, she will be declared Senior Womens Road Champion]; first Woman Over 35, Over 40, Over 45, Over 50, Over 55, Over 60. In the happy event that we get a good increase in the number of members completing the championship, the number of awards will be increased.

Results will be collected from the Power of Ten website.

e-mail Brenda arnoldbradshaw@btinternet.com.

If you have any results that don't appear on PoT please email them to me giving the name and date of the race, your position and your time.

Awards for the combined 2020/2021 CHAMPIONSHIP were presented at the Social Evening on the 15 October 2022.

Results for the 2022 CHAMPIONSHIP are currently being collated

ANY QUERIES e-mail Brenda arnoldbradshaw@btinternet.com

Please contact Brenda at arnoldbradshaw@btinternet.com

with additions or corrections to the fixtures

or telephone Brenda on 0161-796 6310