

THE MANCHESTER MILE TRACK MEETING

*held at Sportcity, Manchester
on 26 June 2024 - Results*



Event held in Memory of David Coleman *Winners*

Fastest Man & Winner of The Manchester Mile Trophy

Isaac Henderson (U20)

Cheltenham & County Harriers - 4:19.58

Fastest Female & Winner of The Rose Bowl

Ruby Sykes (SNR)

Holmfirth Harriers AC - 4:55.65

Fastest Male Vet - Bruno Lima (V40)

Salford Harriers & AC - 4:27.38

Fastest Female Vet - Danielle Jepson (V50)

Fylde Coast Runners - 5:35.31

Fastest U17 Boy - Chester Gately

Halifax Harriers & AC - 4:22.48

Fastest U17 Girl - Eva Smith

City of Sheffield & Dearne AC - 5:45.71

*Best performance by a Manchester Harrier & Winner of
The Flat Mile Trophy - Christopher Parikh (U17) - 4:41.40*

Manchester Harriers & A.C.

THE MANCHESTER MILE TRACK MEETING

Manchester Harriers & A.C.

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THE MILE - RACE 1

<i>O/A Psn</i>	<i>Race</i>	<i>Race Psn</i>	<i>Last Name, First Name</i>	<i>Comp. No.</i>	<i>Cat.</i>	<i>Cat. Psn</i>	<i>Club</i>	<i>Time</i>
107	1	1	Blackwell, Hannah	144	FSNR	10	Manchester H & AC	7:21.76
115	1	2	Turner, Craig	149	MV55	10	Manchester H & AC	7:34.12
117	1	3	Dale, Alison	143	MV55	11	Manchester Frontrunners	7:39.12
120	1	4	Livesey, Joanna	146	FU23	3	Manchester H & AC	7:41.89
123	1	5	Cunningham, Mike	145	MV75	1	Manchester H & AC	7:56.74
124	1	6	Toovey, Michelle	151	FV45	4	Swinton Running Club	7:59.21
127	1	7	Bradford, Natasha	147	FSNR	11	Didsbury Runners	8:22.31
128	1	8	Livesey, Tracy	156	FV55	2	Manchester H & AC	8:29.50
129	1	9	Jackson, Katherine	150	FV40	5	Swinton Running Club	8:45.00
130	1	10	McLaughlin, Ann	148	FV60	1	Manchester H & AC	8:52.43
131	1	11	Honeybourne, Cheryl	152	FV45	5	Swinton Running Club	9:02.19
132	1	12	Doxey, Wendy	155	FV60	2	Swinton Running Club	9:23.82
133	1	13	Fairbairn, Jill	157	FV70	1	Unattached	9:25.66
134	1	14	Cheetham, Alison	154	FV55	3	Unattached	9:31.98
135	1	15	Edwards, David	153	MV55	12	Unattached	9:32.14
136	1	16	Boardman, Debbie	158	FV50	5	Stockport H & AC	9:55.56

THE MILE - RACE 2

<i>O/A Psn</i>	<i>Race</i>	<i>Race Psn</i>	<i>Last Name, First Name</i>	<i>Comp. No.</i>	<i>Cat.</i>	<i>Cat. Psn</i>	<i>Club</i>	<i>Time</i>
76	2	1	Holligan, Douglas	132	MSNR	31	Unattached	6:10.53
84	2	2	Steed, Hollie	126	FV35	1	Didsbury Runners	6:21.83
95	2	3	Rutherford, Paul	128	MV60	3	Swinton Running Club	6:36.72
101	2	4	Connell, Adam	140	MSNR	35	Swinton Running Club	6:57.19
103	2	5	Rhodes, Garry	134	MV45	12	Unattached	7:07.58
104	2	6	Fowler, Andy	131	MV55	9	Unattached	7:14.79
108	2	7	Farrelly, Lindsey	120	FV45	2	Manchester H & AC	7:24.27
109	2	8	Kalambouka, Afroditi	136	FV55	1	Bury AC	7:25.11
111	2	9	Dalby, Ray	137	MV65	2	Rochdale H & AC	7:25.45
112	2	10	Evans, Jacqui	141	FV40	4	Unattached	7:27.09
113	2	11	Geary, David	139	MV50	5	Unattached	7:29.05
114	2	12	Choudhry-Din, Tehira	142	FV50	3	Unattached	7:33.89
118	2	13	Beattie, Geoffrey	127	MV70	1	Sale H Manchester AC	7:40.09
119	2	14	Turner, Angela	129	FV45	3	Unattached	7:41.29
121	2	15	Waterton, John	135	MV70	2	Didsbury Runners	7:47.09
122	2	16	Trowse, Dave	138	MV60	4	Unattached	7:54.96
125	2	17	Scholes, Rod	133	MV75	2	Barnsley AC	7:59.00
126	2	18	Collins, Hollie	130	FV35	5	Didsbury Runners	8:15.13

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THE MILE – RACE 3

<i>O/A Psn</i>	<i>Race</i>	<i>Race Psn</i>	<i>Last Name, First Name</i>	<i>Comp. No.</i>	<i>Cat.</i>	<i>Cat. Psn</i>	<i>Club</i>	<i>Time</i>
83	3	1	Carvel, Stuart	116	MSNR	32	Didsbury Runners	6:20.84
85	3	2	Baldwin, Edward	118	MV55	6	Manchester H & AC	6:21.90
88	3	3	Bousie, Mark	115	MV45	10	Stockport H & AC	6:26.24
90	3	4	Qureshi, Irfan	111	MV55	7	Bury AC	6:30.41
92	3	5	Aitchison, Ian	110	MV65	1	Rochdale H & AC	6:32.15
97	3	6	Thomas, David	121	MV45	11	Unattached	6:37.26
99	3	7	D'Souza, Ross	122	MV55	8	Didsbury Runners	6:48.71
100	3	8	Knight, Thomas	113	MSNR	34	Didsbury Runners	6:54.51
105	3	9	Qamar, Isabelle	119	FV50	2	Didsbury Runners	7:14.97
106	3	10	Lockwood, Suzanne	112	FV35	4	Unattached	7:15.14
110	3	11	Wilkinson, Graeme	117	MV40	7	Manchester YMCA H	7:25.41
116	3	12	McCabe, Brenda	125	FV50	4	Unattached	7:35.59

THE MILE – RACE 4

<i>O/A Psn</i>	<i>Race</i>	<i>Race Psn</i>	<i>Last Name, First Name</i>	<i>Comp. No.</i>	<i>Cat.</i>	<i>Cat. Psn</i>	<i>Club</i>	<i>Time</i>
61	4	1	Ward, Liam	106	MSNR	29	Manchester YMCA H	5:42.64
75	4	2	Collins, Paul	94	MV55	5	Swinton Running Club	6:04.91
78	4	3	Hanson, Matt	97	MV45	8	Manchester H & AC	6:11.99
79	4	4	Anthony, Jim	102	MV40	5	Running Bear	6:13.05
80	4	5	Billington, Eloise	99	FSNR	8	Chorlton Runners	6:14.82
82	4	6	Mills, Rebecca	96	FV40	3	Swinton Running Club	6:18.12
86	4	7	Turner, Paul	101	MV45	9	Unattached	6:23.04
87	4	8	Beaumont, Alan	103	MSNR	33	Manchester YMCA H	6:24.78
89	4	9	Baba, Caroline	109	FV45	1	Manchester H & AC	6:28.01
91	4	10	Lobb, Vanessa	108	FV35	2	Ramsbottom Running Club	6:31.64
93	4	11	Bradford, Dave	104	MV60	2	Didsbury Runners	6:32.68
94	4	12	Dyer, David	107	MV50	4	Manchester H & AC	6:34.23
96	4	13	Williams, Paisley	100	FSNR	9	Swinton Running Club	6:37.07
98	4	14	Kilbane, Catherine	98	FV35	3	Manchester Road Runners	6:39.01

THE MILE – RACE 5

<i>O/A Psn</i>	<i>Race</i>	<i>Race Psn</i>	<i>Last Name, First Name</i>	<i>Comp. No.</i>	<i>Cat.</i>	<i>Cat. Psn</i>	<i>Club</i>	<i>Time</i>
54	5	1	Ley, Oliver	78	MSNR	26	Unattached	5:36.61
58	5	2	Turner, Daniel	82	MU20	6	Unattached	5:38.93
60	5	3	Leathley, Andy	88	MSNR	28	Didsbury Runners	5:41.64
64	5	4	Parmenter, Matthew	92	MV50	2	St Helens Striders	5:47.70
66	5	5	Waterhouse, Faye Jasmine	93	FSNR	5	Stockport H & AC	5:48.16
68	5	6	Orrell, Malcolm	89	MSNR	30	Salford Metropolitan AC	5:49.67
71	5	7	Fenton, Barry	84	MV50	3	Manchester H & AC	5:53.30
72	5	8	Brown, Laura	80	FV40	2	Didsbury Runners	5:55.87
73	5	9	Stredder, Ben	81	MV45	7	Didsbury Runners	5:57.87
74	5	10	Doxey, Steven	83	MV60	1	Swinton Running Club	6:02.53
81	5	11	Ryan, Neil	90	MV40	6	Manchester H & AC	6:15.73

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THE MILE - RACE 6

<i>O/A Psn</i>	<i>Race</i>	<i>Race Psn</i>	<i>Last Name, First Name</i>	<i>Comp. No.</i>	<i>Cat.</i>	<i>Cat. Psn</i>	<i>Club</i>	<i>Time</i>
49	6	1	Watson, Tom	69	MSNR	24	Boalloy Running Club	5:29.33
50	6	2	Bennett, Giles	74	MV55	3	Bury AC	5:30.19
51	6	3	Shanker, Tim	62	MV55	4	Manchester YMCA H	5:30.68
53	6	4	Jepson, Danielle	70	FV50	1	Fylde Coast Runners	5:35.31
55	6	5	Campbell, Eddie	73	MSNR	27	Didsbury Runners	5:37.31
56	6	6	Farr, Matt	67	MV45	5	Didsbury Runners	5:38.07
57	6	7	Donigan, Mike	66	MV40	4	Swinton Running Club	5:38.59
58	6	8	Loftus, Aileen	76	FSNR	4	Chorlton Runners	5:38.93
65	6	9	Stepanchuk, Alina	63	FV40	1	Salford Metropolitan AC	5:48.09
67	6	10	Walley, Cherisse	77	FSNR	6	Swinton Running Club	5:49.07
69	6	11	Gibson, Dominic	65	MU20	7	Altrincham & District AC Ltd	5:51.30
70	6	12	Herbert, Matt	64	MV45	6	Didsbury Runners	5:51.78
77	6	13	Livsey, Rebekah	68	FSNR	7	Stockport H & AC	6:11.91
102	6	14	Moore, Jake	75	MU17	4	Blackley & N. Manchester AC	7:00.59

THE MILE - RACE 7

<i>O/A Psn</i>	<i>Race</i>	<i>Race Psn</i>	<i>Last Name, First Name</i>	<i>Comp. No.</i>	<i>Cat.</i>	<i>Cat. Psn</i>	<i>Club</i>	<i>Time</i>
34	7	1	Farrelly, Tom	51	MU20	4	Manchester H & AC	5:08.84
35	7	2	Parsonage, Andrew	50	MSNR	18	Manchester H & AC	5:11.04
36	7	3	Kearney, David	56	MSNR	19	Manchester YMCA H	5:11.50
38	7	4	Walsh, Robert	159	MV50	1	Chorley A & Tri Club	5:13.61
39	7	5	Burn, Matthew	46	MSNR	20	Lonely Goat RC	5:14.26
40	7	6	Martin, Daniel	48	MSNR	21	Swinton Running Club	5:20.35
41	7	7	Meeson, Kate	60	FSNR	2	Trafford AC	5:20.46
42	7	8	Stiles, Alice	55	FU23	1	Manchester H & AC	5:21.28
44	7	9	McMurdo, Rob	49	MSNR	23	Stockport H & AC	5:23.58
45	7	10	Williams, James	57	MV45	3	Lymm Runners	5:25.40
46	7	11	Pagett, Amelia	61	FSNR	3	Sale H Manchester AC	5:26.36
47	7	12	Fazakerley, Ed	53	MV55	2	Manchester H & AC	5:26.53
48	7	13	Crimes, Matt	161	MV45	4	Manchester H & AC	5:28.66
52	7	14	Essex, Chris	58	MSNR	25	Didsbury Runners	5:31.48
62	7	15	Fazakerley, Georgia	54	FU23	2	Manchester H & AC	5:44.10

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THE MILE – RACE 8

<i>O/A Psn</i>	<i>Race</i>	<i>Race Psn</i>	<i>Last Name, First Name</i>	<i>Comp. No.</i>	<i>Cat.</i>	<i>Cat. Psn</i>	<i>Club</i>	<i>Time</i>
21	8	1	Perkins, Sam	43	MSNR	9	Didsbury Runners	4:49.98
23	8	2	Gardner, Brent	38	MSNR	10	Trawden AC	4:55.24
24	8	3	Sykes, Ruby	34	FSNR	1	Holmfirth H AC	4:55.65
25	8	4	Sirett, Tom	33	MSNR	11	Ellesmere Port RC	4:56.24
26	8	5	McHugh, Damien	37	MSNR	12	Didsbury Runners	4:56.51
27	8	6	Scotson, Dan	42	MSNR	13	Didsbury Runners	4:57.70
29	8	7	Tomkinson, Philip	44	MSNR	14	Manchester YMCA H	4:58.38
32	8	8	Twigg, Joseph	31	MSNR	17	Salford H & AC	5:03.68
33	8	9	Bennett, Daniel	17	MV55	1	Rochdale H & AC	5:04.49
37	8	10	Evans, Dean	40	MU20	5	Liverpool Running Bugs	5:12.00
43	8	11	Atkinson, Matt	45	MSNR	22	Prestwich AC	5:21.63
63	8	12	Smith, Eva	41	FU17	1	City of Sheffield & Dearne AC	5:45.71

THE MILE – RACE 9

<i>O/A Psn</i>	<i>Race</i>	<i>Race Psn</i>	<i>Last Name, First Name</i>	<i>Comp. No.</i>	<i>Cat.</i>	<i>Cat. Psn</i>	<i>Club</i>	<i>Time</i>
11	9	1	Bannister, James	16	MSNR	4	Sale H Manchester AC	4:41.04
12	9	2	Parikh, Christopher	19	MU17	2	Manchester H & AC	4:41.40
14	9	3	Mannings, Michael	15	MSNR	6	Oldham & Royton H & AC	4:44.02
15	9	4	Shkul, Evan	28	MU17	3	Hallamshire H AC	4:44.81
16	9	5	Mayhew, Ian	22	MV40	3	Helsby Running Club	4:45.21
19	9	6	Pearson, Alister	26	MSNR	7	Chorlton Runners	4:48.13
20	9	7	Cann, Kieran	27	MSNR	8	Unattached	4:49.15
22	9	8	Walsh, Connor	18	MU23	3	Oldham & Royton H & AC	4:50.47
28	9	9	Scott-Buccleuch, James	24	MV45	2	Stockport H & AC	4:57.95
30	9	10	James, Nathan	30	MSNR	15	Chester Road Runners	5:02.12
31	9	11	McKenna, Isaac	29	MSNR	16	West Cheshire AC	5:02.99

THE MILE – RACE 10

<i>O/A Psn</i>	<i>Race</i>	<i>Race Psn</i>	<i>Last Name, First Name</i>	<i>Comp. No.</i>	<i>Cat.</i>	<i>Cat. Psn</i>	<i>Club</i>	<i>Time</i>
1	10	1	Henderson, Isaac	2	MU20	1	Cheltenham & County H	4:19.58
2	10	2	Gately, Chester	3	MU17	1	Halifax H AC	4:22.48
3	10	3	Sinclair, Harry	1	MU23	1	Trafford AC	4:24.50
4	10	4	Wallace, George	7	MU20	2	City of Sheffield & Dearne AC	4:26.00
5	10	5	Sunman, Kai	6	MSNR	1	Holmfirth H AC	4:26.27
6	10	6	Lima, Bruno	5	MV40	1	Salford H & AC	4:27.38
7	10	7	Harreld, Luke	14	MSNR	2	Bury AC	4:29.65
8	10	8	Richardson, Phil	8	MSNR	3	Sale H Manchester AC	4:32.77
9	10	9	Stanford, Chris	9	MV40	2	Warrington AC	4:33.79
10	10	10	Coen, Richard	10	MV45	1	Wilmslow RC	4:37.05
13	10	11	Turner, Luke	11	MSNR	5	Glaxo Hoad Hill H	4:43.02
17	10	12	Barnard-MacKenzie, Greg	12	MU20	3	Barrow & Furness Striders AC	4:46.52
18	10	13	Farrelly, Joseph	13	MU23	2	Manchester H & AC	4:47.04

THE MANCHESTER MILE TRACK MEETING

POSITIONS BY CATEGORY - WOMEN (x41)

<i>O/A Psn</i>	<i>Race</i>	<i>Race Psn</i>	<i>Last Name, First Name</i>	<i>Comp. No.</i>	<i>Cat.</i>	<i>Cat. Psn</i>	<i>Club</i>	<i>Time</i>
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63	8	12	Smith, Eva	41	FU17	1	City of Sheffield & Dearne AC	5:45.71
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42	7	8	Stiles, Alice	55	FU23	1	Manchester H & AC	5:21.28
62	7	15	Fazakerley, Georgia	54	FU23	2	Manchester H & AC	5:44.10
120	1	4	Livesey, Joanna	146	FU23	3	Manchester H & AC	7:41.89

24	8	3	Sykes, Ruby	34	FSNR	1	Holmfirth H AC	4:55.65
41	7	7	Meeson, Kate	60	FSNR	2	Trafford AC	5:20.46
46	7	11	Pagett, Amelia	61	FSNR	3	Sale H Manchester AC	5:26.36
58	6	8	Loftus, Aileen	76	FSNR	4	Chorlton Runners	5:38.93
66	5	5	Waterhouse, Faye Jasmine	93	FSNR	5	Stockport H & AC	5:48.16
67	6	10	Walley, Cherisse	77	FSNR	6	Swinton Running Club	5:49.07
77	6	13	Livsey, Rebekah	68	FSNR	7	Stockport H & AC	6:11.91
80	4	5	Billington, Eloise	99	FSNR	8	Chorlton Runners	6:14.82
96	4	13	Williams, Paisley	100	FSNR	9	Swinton Running Club	6:37.07
107	1	1	Blackwell, Hannah	144	FSNR	10	Manchester H & AC	7:21.76
127	1	7	Bradford, Natasha	147	FSNR	11	Didsbury Runners	8:22.31

84	2	2	Steed, Hollie	126	FV35	1	Didsbury Runners	6:21.83
91	4	10	Lobb, Vanessa	108	FV35	2	Ramsbottom Running Club	6:31.64
98	4	14	Kilbane, Catherine	98	FV35	3	Manchester Road Runners	6:39.01
106	3	10	Lockwood, Suzanne	112	FV35	4	Unattached	7:15.14
126	2	18	Collins, Hollie	130	FV35	5	Didsbury Runners	8:15.13

65	6	9	Stepanchuk, Alina	63	FV40	1	Salford Metropolitan AC	5:48.09
72	5	8	Brown, Laura	80	FV40	2	Didsbury Runners	5:55.87
82	4	6	Mills, Rebecca	96	FV40	3	Swinton Running Club	6:18.12
112	2	10	Evans, Jacqui	141	FV40	4	Unattached	7:27.09
129	1	9	Jackson, Katherine	150	FV40	5	Swinton Running Club	8:45.00

89	4	9	Baba, Caroline	109	FV45	1	Manchester H & AC	6:28.01
108	2	7	Farrelly, Lindsey	120	FV45	2	Manchester H & AC	7:24.27
119	2	14	Turner, Angela	129	FV45	3	Unattached	7:41.29
124	1	6	Toovey, Michelle	151	FV45	4	Swinton Running Club	7:59.21
131	1	11	Honeybourne, Cheryl	152	FV45	5	Swinton Running Club	9:02.19

53	6	4	Jepson, Danielle	70	FV50	1	Fylde Coast Runners	5:35.31
105	3	9	Qamar, Isabelle	119	FV50	2	Didsbury Runners	7:14.97
114	2	12	Choudhry-Din, Tehira	142	FV50	3	Unattached	7:33.89
116	3	12	McCabe, Brenda	125	FV50	4	Unattached	7:35.59
136	1	16	Boardman, Debbie	158	FV50	5	Stockport H & AC	9:55.56

THE MANCHESTER MILE TRACK MEETING

POSITIONS BY CATEGORY - WOMEN (x41) - continued

O/A Psn	Race	Race Psn	Last Name, First Name	Comp. No.	Cat.	Cat. Psn	Club	Time
109	2	8	Kalambouka, Afroditi	136	FV55	1	Bury AC	7:25.11
128	1	8	Livesey, Tracy	156	FV55	2	Manchester H & AC	8:29.50
134	1	14	Cheetham, Alison	154	FV55	3	Unattached	9:31.98
130	1	10	McLaughlin, Ann	148	FV60	1	Manchester H & AC	8:52.43
132	1	12	Doxey, Wendy	155	FV60	2	Swinton Running Club	9:23.82
133	1	13	Fairbairn, Jill	157	FV70	1	Unattached	9:25.66

POSITIONS BY CATEGORY - MEN (x95)

O/A Psn	Race	Race Psn	Last Name, First Name	Comp. No.	Cat.	Cat. Psn	Club	Time
2	10	2	Gately, Chester	3	MU17	1	Halifax H AC	4:22.48
12	9	2	Parikh, Christopher	19	MU17	2	Manchester H & AC	4:41.40
15	9	4	Shkul, Evan	28	MU17	3	Hallamshire H AC	4:44.81
102	6	14	Moore, Jake	75	MU17	4	Blackley & N. Manchester AC	7:00.59
1	10	1	Henderson, Isaac	2	MU20	1	Cheltenham & County H	4:19.58
4	10	4	Wallace, George	7	MU20	2	City of Sheffield & Dearne AC	4:26.00
17	10	12	Barnard-MacKenzie, Greg	12	MU20	3	Barrow & Furness Striders AC	4:46.52
34	7	1	Farrelly, Tom	51	MU20	4	Manchester H & AC	5:08.84
37	8	10	Evans, Dean	40	MU20	5	Liverpool Running Bugs	5:12.00
58	5	2	Turner, Daniel	82	MU20	6	Unattached	5:38.93
69	6	11	Gibson, Dominic	65	MU20	7	Altrincham & District AC Ltd	5:51.30
3	10	3	Sinclair, Harry	1	MU23	1	Trafford AC	4:24.50
18	10	13	Farrelly, Joseph	13	MU23	2	Manchester H & AC	4:47.04
22	9	8	Walsh, Connor	18	MU23	3	Oldham & Royton H & AC	4:50.47
5	10	5	Sunman, Kai	6	MSNR	1	Holmfirth H AC	4:26.27
7	10	7	Harreld, Luke	14	MSNR	2	Bury AC	4:29.65
8	10	8	Richardson, Phil	8	MSNR	3	Sale H Manchester AC	4:32.77
11	9	1	Bannister, James	16	MSNR	4	Sale H Manchester AC	4:41.04
13	10	11	Turner, Luke	11	MSNR	5	Glaxo Hoad Hill H	4:43.02
14	9	3	Mannings, Michael	15	MSNR	6	Oldham & Royton H & AC	4:44.02
19	9	6	Pearson, Alister	26	MSNR	7	Chorlton Runners	4:48.13
20	9	7	Cann, Kieran	27	MSNR	8	Unattached	4:49.15
21	8	1	Perkins, Sam	43	MSNR	9	Didsbury Runners	4:49.98
23	8	2	Gardner, Brent	38	MSNR	10	Trawden AC	4:55.24
25	8	4	Sirett, Tom	33	MSNR	11	Ellesmere Port RC	4:56.24
26	8	5	McHugh, Damien	37	MSNR	12	Didsbury Runners	4:56.51

THE MANCHESTER MILE TRACK MEETING

POSITIONS BY CATEGORY - MEN (x95) - continued

O/A Psn	Race	Race Psn	Last Name, First Name	Comp. No.	Cat.	Cat. Psn	Club	Time
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27	8	6	Scotson, Dan	42	MSNR	13	Didsbury Runners	4:57.70
29	8	7	Tomkinson, Philip	44	MSNR	14	Manchester YMCA H	4:58.38
30	9	10	James, Nathan	30	MSNR	15	Chester Road Runners	5:02.12
31	9	11	McKenna, Isaac	29	MSNR	16	West Cheshire AC	5:02.99
32	8	8	Twigg, Joseph	31	MSNR	17	Salford H & AC	5:03.68
35	7	2	Parsonage, Andrew	50	MSNR	18	Manchester H & AC	5:11.04
36	7	3	Kearney, David	56	MSNR	19	Manchester YMCA H	5:11.50
39	7	5	Burn, Matthew	46	MSNR	20	Lonely Goat RC	5:14.26
40	7	6	Martin, Daniel	48	MSNR	21	Swinton Running Club	5:20.35
43	8	11	Atkinson, Matt	45	MSNR	22	Prestwich AC	5:21.63
44	7	9	McMurdo, Rob	49	MSNR	23	Stockport H & AC	5:23.58
49	6	1	Watson, Tom	69	MSNR	24	Boalloy Running Club	5:29.33
52	7	14	Essex, Chris	58	MSNR	25	Didsbury Runners	5:31.48
54	5	1	Ley, Oliver	78	MSNR	26	Unattached	5:36.61
55	6	5	Campbell, Eddie	73	MSNR	27	Didsbury Runners	5:37.31
60	5	3	Leathley, Andy	88	MSNR	28	Didsbury Runners	5:41.64
61	4	1	Ward, Liam	106	MSNR	29	Manchester YMCA H	5:42.64
68	5	6	Orrell, Malcolm	89	MSNR	30	Salford Metropolitan AC	5:49.67
76	2	1	Holligan, Douglas	132	MSNR	31	Unattached	6:10.53
83	3	1	Carvel, Stuart	116	MSNR	32	Didsbury Runners	6:20.84
87	4	8	Beaumont, Alan	103	MSNR	33	Manchester YMCA H	6:24.78
100	3	8	Knight, Thomas	113	MSNR	34	Didsbury Runners	6:54.51
101	2	4	Connell, Adam	140	MSNR	35	Swinton Running Club	6:57.19

6	10	6	Lima, Bruno	5	MV40	1	Salford H & AC	4:27.38
9	10	9	Stanford, Chris	9	MV40	2	Warrington AC	4:33.79
16	9	5	Mayhew, Ian	22	MV40	3	Helsby Running Club	4:45.21
57	6	7	Donigan, Mike	66	MV40	4	Swinton Running Club	5:38.59
79	4	4	Anthony, Jim	102	MV40	5	Running Bear	6:13.05
81	5	11	Ryan, Neil	90	MV40	6	Manchester H & AC	6:15.73
110	3	11	Wilkinson, Graeme	117	MV40	7	Manchester YMCA H	7:25.41

10	10	10	Coen, Richard	10	MV45	1	Wilmslow RC	4:37.05
28	9	9	Scott-Buckleuch, James	24	MV45	2	Stockport H & AC	4:57.95
45	7	10	Williams, James	57	MV45	3	Lymm Runners	5:25.40
48	7	13	Crimes, Matt	161	MV45	4	Manchester H & AC	5:28.66
56	6	6	Farr, Matt	67	MV45	5	Didsbury Runners	5:38.07
70	6	12	Herbert, Matt	64	MV45	6	Didsbury Runners	5:51.78
73	5	9	Stredder, Ben	81	MV45	7	Didsbury Runners	5:57.87
78	4	3	Hanson, Matt	97	MV45	8	Manchester H & AC	6:11.99
86	4	7	Turner, Paul	101	MV45	9	Unattached	6:23.04

THE MANCHESTER MILE TRACK MEETING

POSITIONS BY CATEGORY – MEN (x95) *continued*

O/A Psn	Race	Race Psn	Last Name, First Name	Comp. No.	Cat.	Cat. Psn	Club	Time
88	3	3	Bousie, Mark	115	MV45	10	Stockport H & AC	6:26.24
97	3	6	Thomas, David	121	MV45	11	Unattached	6:37.26
103	2	5	Rhodes, Garry	134	MV45	12	Unattached	7:07.58
38	7	4	Walsh, Robert	159	MV50	1	Chorley A & Tri Club	5:13.61
64	5	4	Parmenter, Matthew	92	MV50	2	St Helens Striders	5:47.70
71	5	7	Fenton, Barry	84	MV50	3	Manchester H & AC	5:53.30
94	4	12	Dyer, David	107	MV50	4	Manchester H & AC	6:34.23
113	2	11	Geary, David	139	MV50	5	Unattached	7:29.05
33	8	9	Bennett, Daniel	17	MV55	1	Rochdale H & AC	5:04.49
47	7	12	Fazakerley, Ed	53	MV55	2	Manchester H & AC	5:26.53
50	6	2	Bennett, Giles	74	MV55	3	Bury AC	5:30.19
51	6	3	Shanker, Tim	62	MV55	4	Manchester YMCA H	5:30.68
75	4	2	Collins, Paul	94	MV55	5	Swinton Running Club	6:04.91
85	3	2	Baldwin, Edward	118	MV55	6	Manchester H & AC	6:21.90
90	3	4	Qureshi, Irfan	111	MV55	7	Bury AC	6:30.41
99	3	7	D'Souza, Ross	122	MV55	8	Didsbury Runners	6:48.71
104	2	6	Fowler, Andy	131	MV55	9	Unattached	7:14.79
115	1	2	Turner, Craig	149	MV55	10	Manchester H & AC	7:34.12
117	1	3	Dale, Alison	143	MV55	11	Manchester Frontrunners	7:39.12
135	1	15	Edwards, David	153	MV55	12	Unattached	9:32.14
74	5	10	Doxey, Steven	83	MV60	1	Swinton Running Club	6:02.53
93	4	11	Bradford, Dave	104	MV60	2	Didsbury Runners	6:32.68
95	2	3	Rutherford, Paul	128	MV60	3	Swinton Running Club	6:36.72
122	2	16	Trowse, Dave	138	MV60	4	Unattached	7:54.96
92	3	5	Aitchison, Ian	110	MV65	1	Rochdale H & AC	6:32.15
111	2	9	Dalby, Ray	137	MV65	2	Rochdale H & AC	7:25.45
118	2	13	Beattie, Geoffrey	127	MV70	1	Sale H Manchester AC	7:40.09
121	2	15	Waterton, John	135	MV70	2	Didsbury Runners	7:47.09
123	1	5	Cunningham, Mike	145	MV75	1	Manchester H & AC	7:56.74
125	2	17	Scholes, Rod	133	MV75	2	Barnsley AC	7:59.00

THE MANCHESTER MILE TRACK MEETING

POSITIONS FOR ALL COMPETITORS BASED ON TIME:

O/A Psn	Race	Race Psn	Last Name, First Name	Comp. No.	Cat.	Cat. Psn	Club	Time
1	10	1	Henderson, Isaac	2	MU20	1	Cheltenham & County H	4:19.58
2	10	2	Gately, Chester	3	MU17	1	Halifax H AC	4:22.48
3	10	3	Sinclair, Harry	1	MU23	1	Trafford AC	4:24.50
4	10	4	Wallace, George	7	MU20	2	City of Sheffield & Dearne AC	4:26.00
5	10	5	Sunman, Kai	6	MSNR	1	Holmfirth H AC	4:26.27
6	10	6	Lima, Bruno	5	MV40	1	Salford H & AC	4:27.38
7	10	7	Harreld, Luke	14	MSNR	2	Bury AC	4:29.65
8	10	8	Richardson, Phil	8	MSNR	3	Sale H Manchester AC	4:32.77
9	10	9	Stanford, Chris	9	MV40	2	Warrington AC	4:33.79
10	10	10	Coen, Richard	10	MV45	1	Wilmslow RC	4:37.05
11	9	1	Bannister, James	16	MSNR	4	Sale H Manchester AC	4:41.04
12	9	2	Parikh, Christopher	19	MU17	2	Manchester H & AC	4:41.40
13	10	11	Turner, Luke	11	MSNR	5	Glaxo Hoad Hill H	4:43.02
14	9	3	Mannings, Michael	15	MSNR	6	Oldham & Royton H & AC	4:44.02
15	9	4	Shkul, Evan	28	MU17	3	Hallamshire H AC	4:44.81
16	9	5	Mayhew, Ian	22	MV40	3	Helsby Running Club	4:45.21
17	10	12	Barnard-MacKenzie, Greg	12	MU20	3	Barrow & Furness Striders AC	4:46.52
18	10	13	Farrelly, Joseph	13	MU23	2	Manchester H & AC	4:47.04
19	9	6	Pearson, Alister	26	MSNR	7	Chorlton Runners	4:48.13
20	9	7	Cann, Kieran	27	MSNR	8	Unattached	4:49.15
21	8	1	Perkins, Sam	43	MSNR	9	Didsbury Runners	4:49.98
22	9	8	Walsh, Connor	18	MU23	3	Oldham & Royton H & AC	4:50.47
23	8	2	Gardner, Brent	38	MSNR	10	Trawden AC	4:55.24
24	8	3	Sykes, Ruby	34	FSNR	1	Holmfirth H AC	4:55.65
25	8	4	Sirett, Tom	33	MSNR	11	Ellesmere Port RC	4:56.24
26	8	5	McHugh, Damien	37	MSNR	12	Didsbury Runners	4:56.51
27	8	6	Scotson, Dan	42	MSNR	13	Didsbury Runners	4:57.70
28	9	9	Scott-Buccleuch, James	24	MV45	2	Stockport H & AC	4:57.95
29	8	7	Tomkinson, Philip	44	MSNR	14	Manchester YMCA H	4:58.38
30	9	10	James, Nathan	30	MSNR	15	Chester Road Runners	5:02.12
31	9	11	McKenna, Isaac	29	MSNR	16	West Cheshire AC	5:02.99
32	8	8	Twigg, Joseph	31	MSNR	17	Salford H & AC	5:03.68
33	8	9	Bennett, Daniel	17	MV55	1	Rochdale H & AC	5:04.49
34	7	1	Farrelly, Tom	51	MU20	4	Manchester H & AC	5:08.84
35	7	2	Parsonage, Andrew	50	MSNR	18	Manchester H & AC	5:11.04
36	7	3	Kearney, David	56	MSNR	19	Manchester YMCA H	5:11.50
37	8	10	Evans, Dean	40	MU20	5	Liverpool Running Bugs	5:12.00
38	7	4	Walsh, Robert	159	MV50	1	Chorley A & Tri Club	5:13.61
39	7	5	Burn, Matthew	46	MSNR	20	Lonely Goat RC	5:14.26
40	7	6	Martin, Daniel	48	MSNR	21	Swinton Running Club	5:20.35
41	7	7	Meeson, Kate	60	FSNR	2	Trafford AC	5:20.46
42	7	8	Stiles, Alice	55	FU23	1	Manchester H & AC	5:21.28

THE MANCHESTER MILE TRACK MEETING

POSITIONS FOR ALL COMPETITORS BASED ON TIME - *continued*

O/A Psn	Race	Race Psn	Last Name, First Name	Comp. No.	Cat.	Cat. Psn	Club	Time
43	8	11	Atkinson, Matt	45	MSNR	22	Prestwich AC	5:21.63
44	7	9	McMurdo, Rob	49	MSNR	23	Stockport H & AC	5:23.58
45	7	10	Williams, James	57	MV45	3	Lymm Runners	5:25.40
46	7	11	Pagett, Amelia	61	FSNR	3	Sale H Manchester AC	5:26.36
47	7	12	Fazakerley, Ed	53	MV55	2	Manchester H & AC	5:26.53
48	7	13	Crimes, Matt	161	MV45	4	Manchester H & AC	5:28.66
49	6	1	Watson, Tom	69	MSNR	24	Boalloy Running Club	5:29.33
50	6	2	Bennett, Giles	74	MV55	3	Bury AC	5:30.19
51	6	3	Shanker, Tim	62	MV55	4	Manchester YMCA H	5:30.68
52	7	14	Essex, Chris	58	MSNR	25	Didsbury Runners	5:31.48
53	6	4	Jepson, Danielle	70	FV50	1	Fylde Coast Runners	5:35.31
54	5	1	Ley, Oliver	78	MSNR	26	Unattached	5:36.61
55	6	5	Campbell, Eddie	73	MSNR	27	Didsbury Runners	5:37.31
56	6	6	Farr, Matt	67	MV45	5	Didsbury Runners	5:38.07
57	6	7	Donigan, Mike	66	MV40	4	Swinton Running Club	5:38.59
58	6	8	Loftus, Aileen	76	FSNR	4	Chorlton Runners	5:38.93
58	5	2	Turner, Daniel	82	MU20	6	Unattached	5:38.93
60	5	3	Leathley, Andy	88	MSNR	28	Didsbury Runners	5:41.64
61	4	1	Ward, Liam	106	MSNR	29	Manchester YMCA H	5:42.64
62	7	15	Fazakerley, Georgia	54	FU23	2	Manchester H & AC	5:44.10
63	8	12	Smith, Eva	41	FU17	1	City of Sheffield & Dearne AC	5:45.71
64	5	4	Parmenter, Matthew	92	MV50	2	St Helens Striders	5:47.70
65	6	9	Stepanchuk, Alina	63	FV40	1	Salford Metropolitan AC	5:48.09
66	5	5	Waterhouse, Faye Jasmine	93	FSNR	5	Stockport H & AC	5:48.16
67	6	10	Walley, Cherisse	77	FSNR	6	Swinton Running Club	5:49.07
68	5	6	Orrell, Malcolm	89	MSNR	30	Salford Metropolitan AC	5:49.67
69	6	11	Gibson, Dominic	65	MU20	7	Altrincham & District AC Ltd	5:51.30
70	6	12	Herbert, Matt	64	MV45	6	Didsbury Runners	5:51.78
71	5	7	Fenton, Barry	84	MV50	3	Manchester H & AC	5:53.30
72	5	8	Brown, Laura	80	FV40	2	Didsbury Runners	5:55.87
73	5	9	Stredder, Ben	81	MV45	7	Didsbury Runners	5:57.87
74	5	10	Doxey, Steven	83	MV60	1	Swinton Running Club	6:02.53
75	4	2	Collins, Paul	94	MV55	5	Swinton Running Club	6:04.91
76	2	1	Holligan, Douglas	132	MSNR	31	Unattached	6:10.53
77	6	13	Livsey, Rebekah	68	FSNR	7	Stockport H & AC	6:11.91
78	4	3	Hanson, Matt	97	MV45	8	Manchester H & AC	6:11.99
79	4	4	Anthony, Jim	102	MV40	5	Running Bear	6:13.05
80	4	5	Billington, Eloise	99	FSNR	8	Chorlton Runners	6:14.82
81	5	11	Ryan, Neil	90	MV40	6	Manchester H & AC	6:15.73
82	4	6	Mills, Rebecca	96	FV40	3	Swinton Running Club	6:18.12
83	3	1	Carvel, Stuart	116	MSNR	32	Didsbury Runners	6:20.84
84	2	2	Steed, Hollie	126	FV35	1	Didsbury Runners	6:21.83

THE MANCHESTER MILE TRACK MEETING

POSITIONS FOR ALL COMPETITORS BASED ON TIME - *continued*

O/A Psn	Race	Race Psn	Last Name, First Name	Comp. No.	Cat.	Cat. Psn	Club	Time
85	3	2	Baldwin, Edward	118	MV55	6	Manchester H & AC	6:21.90
86	4	7	Turner, Paul	101	MV45	9	Unattached	6:23.04
87	4	8	Beaumont, Alan	103	MSNR	33	Manchester YMCA H	6:24.78
88	3	3	Bousie, Mark	115	MV45	10	Stockport H & AC	6:26.24
89	4	9	Baba, Caroline	109	FV45	1	Manchester H & AC	6:28.01
90	3	4	Qureshi, Irfan	111	MV55	7	Bury AC	6:30.41
91	4	10	Lobb, Vanessa	108	FV35	2	Ramsbottom Running Club	6:31.64
92	3	5	Aitchison, Ian	110	MV65	1	Rochdale H & AC	6:32.15
93	4	11	Bradford, Dave	104	MV60	2	Didsbury Runners	6:32.68
94	4	12	Dyer, David	107	MV50	4	Manchester H & AC	6:34.23
95	2	3	Rutherford, Paul	128	MV60	3	Swinton Running Club	6:36.72
96	4	13	Williams, Paisley	100	FSNR	9	Swinton Running Club	6:37.07
97	3	6	Thomas, David	121	MV45	11	Unattached	6:37.26
98	4	14	Kilbane, Catherine	98	FV35	3	Manchester Road Runners	6:39.01
99	3	7	D'Souza, Ross	122	MV55	8	Didsbury Runners	6:48.71
100	3	8	Knight, Thomas	113	MSNR	34	Didsbury Runners	6:54.51
101	2	4	Connell, Adam	140	MSNR	35	Swinton Running Club	6:57.19
102	6	14	Moore, Jake	75	MU17	4	Blackley & N. Manchester AC	7:00.59
103	2	5	Rhodes, Garry	134	MV45	12	Unattached	7:07.58
104	2	6	Fowler, Andy	131	MV55	9	Unattached	7:14.79
105	3	9	Qamar, Isabelle	119	FV50	2	Didsbury Runners	7:14.97
106	3	10	Lockwood, Suzanne	112	FV35	4	Unattached	7:15.14
107	1	1	Blackwell, Hannah	144	FSNR	10	Manchester H & AC	7:21.76
108	2	7	Farrelly, Lindsey	120	FV45	2	Manchester H & AC	7:24.27
109	2	8	Kalambouka, Afroditi	136	FV55	1	Bury AC	7:25.11
110	3	11	Wilkinson, Graeme	117	MV40	7	Manchester YMCA H	7:25.41
111	2	9	Dalby, Ray	137	MV65	2	Rochdale H & AC	7:25.45
112	2	10	Evans, Jacqui	141	FV40	4	Unattached	7:27.09
113	2	11	Geary, David	139	MV50	5	Unattached	7:29.05
114	2	12	Choudhry-Din, Tehira	142	FV50	3	Unattached	7:33.89
115	1	2	Turner, Craig	149	MV55	10	Manchester H & AC	7:34.12
116	3	12	McCabe, Brenda	125	FV50	4	Unattached	7:35.59
117	1	3	Dale, Alison	143	MV55	11	Manchester Frontrunners	7:39.12
118	2	13	Beattie, Geoffrey	127	MV70	1	Sale H Manchester AC	7:40.09
119	2	14	Turner, Angela	129	FV45	3	Unattached	7:41.29
120	1	4	Livesey, Joanna	146	FU23	3	Manchester H & AC	7:41.89
121	2	15	Waterton, John	135	MV70	2	Didsbury Runners	7:47.09
122	2	16	Trowse, Dave	138	MV60	4	Unattached	7:54.96
123	1	5	Cunningham, Mike	145	MV75	1	Manchester H & AC	7:56.74
124	1	6	Toovey, Michelle	151	FV45	4	Swinton Running Club	7:59.21
125	2	17	Scholes, Rod	133	MV75	2	Barnsley AC	7:59.00
126	2	18	Collins, Hollie	130	FV35	5	Didsbury Runners	8:15.13

THE MANCHESTER MILE TRACK MEETING

POSITIONS FOR ALL COMPETITORS BASED ON TIME - *continued*

O/A Psn	Race	Race Psn	Last Name, First Name	Comp. No.	Cat.	Cat. Psn	Club	Time
127	1	7	Bradford, Natasha	147	FSNR	11	Didsbury Runners	8:22.31
128	1	8	Livesey, Tracy	156	FV55	2	Manchester H & AC	8:29.50
129	1	9	Jackson, Katherine	150	FV40	5	Swinton Running Club	8:45.00
130	1	10	McLaughlin, Ann	148	FV60	1	Manchester H & AC	8:52.43
131	1	11	Honeybourne, Cheryl	152	FV45	5	Swinton Running Club	9:02.19
132	1	12	Doxey, Wendy	155	FV60	2	Swinton Running Club	9:23.82
133	1	13	Fairbairn, Jill	157	FV70	1	Unattached	9:25.66
134	1	14	Cheetham, Alison	154	FV55	3	Unattached	9:31.98
135	1	15	Edwards, David	153	MV55	12	Unattached	9:32.14
136	1	16	Boardman, Debbie	158	FV50	5	Stockport H & AC	9:55.56

Some stats

Seniors – numbers include U20's & U23's

Year	Females				Males				Totals
	U17's	SNR's	VET's	Total	U17's	SNR's	VET's	Total	
2014	3	8	13	24	17	14	34	65	89
2015	1	6	20	27	3	12	30	45	72
2016	2	10	27	39	4	17	39	60	99
2017	2	14	16	32	10	37	36	83	115
2018	-	11	17	28	1	47	45	93	121
2019	-	13	22	35	2	47	49	98	133
2020 & 2021 - the event wasn't held due to covid									
2022	-	3	15	18	3	29	26	58	76
2023	-	4	21	25	2	25	45	72	97
2024	1	14	26	41	4	45	46	95	136

2014: U17's include 7 MU15's & 2 FU15

2015: U17's include 2 MU15's & 1 FU15

2016: U17's include 1 MU15 & 1 FU15

2016: There was also a 1500 metre race for 3 MU13's & 2 FU13's

2017: U17's include 7 MU15's & 1 FU15

THE MANCHESTER MILE TRACK MEETING

Winners 2014-2019 & 2022-2024

(event not held in 2020 & 2021 due to covid)

Winners of The Harry Sharp Challenge Bowl

2014	Chris Livesey	Preston Harriers	4:19.79
2015	Chris Livesey	Preston Harriers	4:21.99
2016	Jack Morris	Stockport Harriers & AC	4:13.90
2017	Tommy Horton	Hallamshire Harriers	4:11.72
2018	Thomas Griffiths	St Helens Sutton AC	4:19.28
2019	Rocco Zaman-Browne	Manchester Harriers & AC	4:29.06
2022	Janos Rush Vranek	Aberystwyth AC	4:19.35
2023	Harry Wakefield	Salford Harriers & AC	4:08.18
2024	Isaac Henderson	Cheltenham & County Harriers	4:19.58

Winners of The Rose Bowl

2014	Louise Rudd	Stockport Harriers & AC	5:05.87
2015	Louise Rudd	Stockport Harriers & AC	5:02.41
2016	Vicki Cronin	Trafford AC	5:03.52
2017	Louise Rudd	Stockport Harriers & AC	5:02.77
2018	Louise Rudd	Stockport Harriers & AC	5:07.82
2019	Vicki Cronin	Trafford AC	5:13.45
2022	Kirsty Longley	Liverpool Pembroke & Sefton H & AC	5:07.35
2023	Lisa Gawthorne	Liverpool Pembroke & Sefton H & AC	5:30.30
2024	Ruby Sykes	Holmfirth Harriers AC	4:55.65

The One Mile Flat Trophy

- awarded to the first member of Manchester Harriers & AC

2015	Ed Fazakerley	4:46.09	2016	Ed Fazakerley	4:40.75
2017	Richard Skitt	5:27.46	2018	Rocco Zaman-Browne	4:33.47
2019	Rocco Zaman-Browne	4:29.06	2022	Joseph Farrelly	4:33.11
2023	Barry Fenton	5:51.87	2024	Christopher Parikh	4:41.40

THE MANCHESTER MILE TRACK MEETING

*Manchester Harriers & A.C.
would like to thank the Officials*

Referee: Arnold Bradshaw

Starter: David Brown CBE

Starter's Assistant: Dave Wood

Judges: Brenda Bradshaw, Elaine Crosdale, Lydia Kelly

Timekeepers: **Chief** George Lawson, Alan Dent,
Denise Mayo, Donna Ryan, Walter Nicholls

Photo Finish: Carol Brown, Andrew Hopkin, Margaret Rushton

and all involved

Organiser: Lindsey Farrelly

Results: Emma Brogan, Jason Brogan

Announcer: Nick Bishop

First Aid: Kesric Salmon

Registration: Peter Ferguson, Beverley O'Donnell

Groundstaff: courtesy of Sportcity

Other duties – including

Entries, Set-up, Hospitality, Registration, Presentation:

Debbie Beresford, Arnold Bradshaw, Brenda Bradshaw,
Lindsey Farrelly, Barry Fenton, Lydia Kelly,
Jean Skitt, Dave Wood, Wendy Woodhead

*... and a big thank you to all the competitors for
supporting this event.*

Results have been sent to the Power of Ten
and to Sportsoft www.race-results.co.uk
They will also be posted on the Club's website
www.manchesterharriers.co.uk

Queries & Comments - please contact:

Event Organiser - Lindsey Farrelly

Manchester Harriers & AC

by email: lindseyfarrelly3@gmail.com